

**November 2021**

Vol. 80, No. 3

**Meeting at 5:00 p.m. on**

**Monday, November 22, 2021**



## 2021-2022 MEETINGS

THIS YEAR'S PROGRAM THEME:  
**Keeping You Informed—  
caring for ourselves & others**



## Women and Mental Illness

This month we welcome longtime  
National Alliance on Mental Illness (NAMI)  
volunteer

### Mona Rottinghaus

as our program speaker. Ms. Rottinghaus has  
led the Family-to-Family class as part of her  
volunteer commitment. She will speak on  
women and mental illness and may also  
address mental health during a pandemic.

**November 22, 2021**

Monday evening, Cedar Falls Woman's Club  
304 Clay St., Cedar Falls, IA  
*Gather at 5:00, Program at 5:30,*

*Dinner at 6:15*

*Wine available for \$6 during 5:00-5:30 social time*

\$\$ Also bring cash or check for the monthly  
scholarship "birthday fundraiser." \$\$

Plan to stay for dinner at 6:15 pm (\$15). On the  
menu is a Reuben crescent bake, glazed carrots,  
and pumpkin bar. The vegetarian option is a chef  
salad. Coffee and tea will also be served.

To reserve a dinner, RSVP to Mary Ellen  
Beckman at [AAUW.CFW.RSVP@gmail.com](mailto:AAUW.CFW.RSVP@gmail.com) or  
319-269-1893 (specifying Reuben or salad)

by **Wednesday, November 17**

### **Mission:**

AAUW advances gender equity  
for women and girls through research,  
education, and advocacy.

**Vision:** Equity for all.

**Diversity Statement:** AAUW values and  
seeks a diverse membership. There shall  
be no barriers to full participation in the  
organization on the basis of gender,  
race, creed, age, sexual orientation,  
national origin, disability, or class.

### **Board of Directors:**

Co-Presidents

*Linda Morgan & Pauline Harding*

President Elect

*open*

Co-Vice Presidents for Program

*Maria Murphy & Lori Schneider*

Co-Vice Presidents for Membership

*Shelia Bullock & Beebs Downing*

Vice-President for Fundraising

*open*

Secretary

*Nancy Hasenwinkel*

Treasurer

*Pat Higby*

Public Policy Director

*Maureen White*

Diversity Director

*Sharon Silva*

Leadership Development Director

*Maureen White*

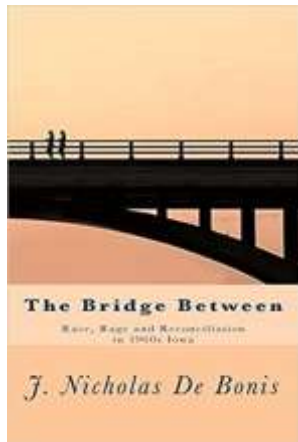
Newsletter Editors: *Karen Agee & Ardelle Brown*

## Cedar Valley Discuss and Discover Diversity (CV3D)

*Judy Beckman and Mary Dove*

On November 8, 2021, CV3D will discuss *The Bridge Between: Race, Rage, and Reconciliation in 1960s Iowa*, by Nicholas De Bonis, Ph.D. The discussion will be held at 4:30-5:30 via Zoom. (This is a change from the in-person venue posted in the CV3D flyer published earlier this fall.) An email invitation will

be sent out on Friday, November 5, with the link to join our Monday discussion.



Our November book, *The Bridge Between*, takes us to Waterloo, Iowa. Were you living in Waterloo during the 1960s and 70s? On which side of the bridge did you live? work? play? De Bonis has chosen an oral history approach; he makes this tough topic of race relations very real by having Waterloo residents tell their stories in their own words. We hope you add your story and thoughts during our discussion.

For further information contact Judy Beckman ( [drjudy.beckman@cfu.net](mailto:drjudy.beckman@cfu.net) ) or Mary Dove ( [elybound1982@gmail.com](mailto:elybound1982@gmail.com) ), co-chairs of CV3D.

## Literature Group

*Joan Bunkofske*

The literature group meets the third Monday of the month. This month we will meet on **November 15 at 1:15 p.m.** Gloria Tollefson will be the hostess. Barb Feuerhak will review the book, *The Personal Librarian*, by Marie Benedict and Victoria Christopher Murray.

All are welcome. Please call Joan at 319-266-8575 if you want to hear about a very good book.

## Great Decisions

*Gloria Tollefson*

JOIN US AS WE DISCUSS . . . China's Road into Latin America. We will meet on **Tuesday, November 16, at 7PM** in the conference room of the Cedar Falls Public Library. (The afternoon group is no longer meeting.)

China has become a key economic partner with almost every Latin American country. How does this relationship affect these countries? Should the United States be concerned with China's growing share of influence?

I am taking orders for the 2022 Great Decisions study book. Nine critical, current global issues will be included. **Until November 15, books are 20% less** with a group order. If you are interested, contact me at 319-266-4075.

## Fourth Fridays With Friends

*Ardelle Brown*

Eight members gathered for Fourth Fridays With Friends on October 22. I invited Deanna Brandsberg, new in town from Manhattan, Kansas, to come meet some AAUW women. Deanna has been here only a few months.

Fourth Fridays With Friends will not meet in November or December. Let's gather again on the morning of January 28, 2022!

## Bridge for Education

*Ardelle Brown*

We are playing bridge only once a month now, meeting at the Cedar Falls Community Center on the second Thursday of the month. We will meet on **Thursday, November 11, at 12:30 PM**, and add more \$\$ to the scholarship fund!

## Presidents' Notes

*Linda Morgan and Pauline Harding*

The Birthday Fundraiser at our monthly meetings has been a real crowd-pleaser. It is a delightful event for an important cause: funding our scholarships for very deserving women in the Cedar Valley. We'll honor those with November and December birthdays at the November 22 meeting. However, we don't want to leave out members who are unable to attend our meetings in person, soooo . . .

If you want to celebrate your birthday or another person's special day with a donation to AAUW's scholarship fund, just send a check to Treasurer Pat Higby with **Birthday Fundraiser** noted on the check. (Pat's mailing information is in the member yearbook, and Ardelle will send a reminder notice soon.) Or you can donate at any AAUW gathering you attend by giving your donation to a board member or the activity's leader. Join the FUN-draising for scholarships even if you miss our monthly meetings.

Also remember that we don't have a December meeting or newsletter, AND the January and February meetings will be Saturday brunches at the Waterloo YWCA. No icy-road, driving-in-the-dark, evening meetings for us this winter!



Karen and Amy counting the birthday donations

# American Indian Heritage Month

Sharon Silva, Diversity Director

November is American Indian Heritage Month. With that in mind, let's consider recent events. Some companies have finally confronted what some call *casual racism* in regard to Native Americans.

<https://alltogethernow.org.au › news › 10-signs-of-casual-racism>

“**Casual racism** is racially-insensitive behaviour that often goes unnoticed in everyday interactions. It's often hard to spot, because **casual racism** is so commonplace and normalised that it sometimes forms part of our daily lives. **Casual racism** can include jokes or. . . .”

**Should Sports Teams Change Their Native-Inspired Names?** Five questions for filmmaker and BU alum Donick Cary, whose new film tackles the controversy around sports team names and mascots

<https://www.bu.edu/articles/2021/should-sports-teams-change-their-native-inspired-names/>

**7 Sports Teams Who've Changed Their Names or Mascots Over Racist Origins (June 17, 2020)**

<https://popculture.com/sports/news/7-sports-teams-changed-racist-names-mascots/>

“With Aunt Jemima and Uncle Ben's changing their logos due to racist origins, there have been ongoing discussions about other organizations that should make adjustments in 2020. Several sports teams have taken center stage, including the Atlanta Braves, Washington Redskins and Cleveland Indians. Sports fans and casual viewers alike believe that all of these sports teams have racist names and logos and should make a change to be less offensive.”

**Moccasin maker Minnetonka has apologized for appropriating Native American culture**

<https://www.mercurynews.com/2021/10/13/moccasin-maker-apologizes-for-profiting-off-native-culture/>

**Land O'Lakes Drops the Iconic Logo of an Indigenous Woman From Its Branding**

<https://www.smithsonianmag.com/smart-news/mia-land-olakes-iconic-indigenous-woman-departs-packaging-mixed-reactions-180974760/>

*For a criticism of this alleged progress:*

**Land O'Lakes New Change Sparks Outrage, Kiss This Butter Buyer's Ass!**

<https://www.tzm.com/2020/04/26/land-o-lakes-brand-change-native-american-remove-outrage-butter/>

*From the Minnesota Historical Society May 1, 2012:*

**Everything You Wanted to Know about Indians but Were Afraid to Ask: An Indigenous Peoples' History of the United States**

<https://shop.mnhs.org/products/everything-you-wanted-know-about-indians-were-afraid-ask>

“More than one hundred stereotype-debunking questions—thoughtful, awkward, and searching—answered with solid information, humor, and compassion.”