

October 2020  
Vol. 79, No. 2  
**Meeting Monday, October 26**



*Our Theme for 2020-2021*

**Equity & Diversity:  
Moving Forward With Respect**

*Maria Murphy & Lori Jo Schneider  
Co-Vice Presidents for Program*

**Mission:**

AAUW advances gender equity for women and girls through research, education, and advocacy.

**Vision:** Equity for all.

**Diversity Statement:** AAUW values and seeks a diverse membership. There shall be no barriers to full participation in the organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

**Board of Directors:**

Co-Presidents *Karen Agee & Amy Hoyer*

Co-Presidents elect TBA

Co-Vice Presidents for Program  
*Maria Murphy & Lori Jo Schneider*

Co-Vice Presidents for Membership  
*Shelia Bullock & Beebes Downing*

Vice-President for Fundraising  
*Linda Morgan*

Secretary *Nancy Hasenwinkel*

Treasurer *Pat Higby*

Public Policy Director *\*Maureen White*

Leadership Development Director  
*\*Maureen White*

\*appointed



Tom Eachus

Dr. Tom Eachus, Director of Black Hawk-Grundy Mental Health Center in Waterloo and psychiatrist with UnityPoint Clinic Psychiatry in Cedar Falls will be the presenter for our October 26 member meeting. Dr. Eachus will speak about mental health as it relates to this year's theme of equity and diversity.

The meeting will be held by Zoom at 7:00 p.m. on Monday, October 26<sup>th</sup>. An invitation for the meeting will be emailed to members a few days before the meeting.

October 26 Meeting Link:

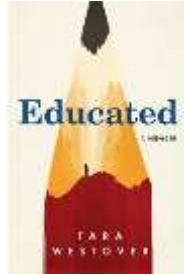
<https://us02web.zoom.us/j/2017201809?pwd=WXcyREhjcjllOZlNQMUMtmZjlCU0RQQT09>

## Did You Miss the Member Meeting on September 28?

A recording of Joy Fopma's presentation at the September 2020 meeting is available (thanks to Lois Enger of Iowa AAUW) at <https://1drv.ms/v/s!AkVZFfv2gdNvg6VDurgVMTuCXDIRxg?e=1QEyxt> . If you were not able to attend the meeting in person via Zoom, you can still access the presentation by Wings of Refuge founder and development director Joy Fopma.

## Cedar Valley Discuss and Discover Diversity (CV3D)

*Cochairs Judy Beckman and Mary Dove*



*Educated: A Memoir*  
by  
Tara Westover

On Monday, October 12, CV3D will discuss Tara Westover's memoir, *Educated*. The discussion will be held at Lookout Park on Park Drive in Cedar Falls, 4:30-5:30. In case of inclement weather, the discussion will be held virtually through Zoom. Watch for an email that morning providing the link to join the discussion.

How were you educated as you read Westover's memoir? Tara Westover reminded us of the author Kao Kalia Yang that CV3D hosted a few years ago. Yang wrote the book, *The Latehomecomer: A Hmong Family Memoir*. Yang and Westover are both wise beyond their years. Both authors have given us so much to ponder. It is hard for many of us to imagine the extremes Westover survived as she educated herself and made strides towards liberating herself from her abusive family. I found *Educated* to have many jewels of wisdom.

Below is one of my favorite quotes from *Educated*. Do you have a favorite quote? We hope you can join the discussion on October 12.

*"I carried the books to my room and read through the night. I loved the fiery pages of Mary Wollstonecraft, but there was a single line written by John Stuart Mill that, when I read it, moved the world: "It is a subject on which nothing final can be known." The subject Mill had in mind was the nature of women. Mill claimed that women have been coaxed, cajoled, shoved and squashed into a series of feminine contortions for so many centuries, that it is now quite impossible to define their natural abilities or aspirations.*

*Blood rushed to my brain; I felt an animating surge of adrenaline, of possibility, of a frontier being pushed outward. Of the nature of women, nothing final can be known. Never had I found such comfort in a void, in the black absence of knowledge. It seemed to say: whatever you are, you are woman."*

All Cedar Valley residents are invited to read and discuss this book with the CV3D AAUW Community Action Project. For further information contact Dr. Judy Beckman by e-mail at [drjudy.beckman@cfu.net](mailto:drjudy.beckman@cfu.net) or Mary Dove, co-chairs of CV3D.

## CV3D Thanks Ardelle Brown and Paulette Harding

*Cochairs Judy Beckman and Mary Dove*

On September 14, Cedar Valley Discuss Discover Diversity (CV3D) gathered at Pfeiffer Spring's Park in Cedar Falls to discuss *Nomadland: Surviving America in the 21<sup>st</sup> Century*, written by Jessica Bruder. Thank you to Ardelle Brown for leading our discussion to 12 CV3D members.



September 14, at Pfeiffer Spring Park, CF

*Photos by Ardelle Brown*

CV3D would also like to thank Pauline Harding for being our facilitator for our AAUW membership to join the Cedar Valley All Read book, *How to Be an Antiracist*.

## Community Action Projects

### Great Decisions

*Gloria Tollefson*

Because the Cedar Falls Public Library is not allowing small groups to meet there, we will not be meeting for the time being. Their policies are dependent on COVID numbers, so they cannot make any predictions as to when it will be possible. Because we need to view a 30-minute DVD upon which we base our discussions, use of Zoom seems prohibitive to me.

### Center for Change

*Bonnie Smith, Sherrie Dreyer, and Jane Nelson*

The new residential supervisor for The Waterloo Women's Center For Change regrets that they do not have a room available for the Fall annual clothing drive. They are using all rooms to spread out to meet COVID regulations. We will have to wait until Spring 2021 and hope we'll be permitted to offer it then.

# Study/Interest Groups and Facilitators

## Bridge for Education

*Ardelle Brown & Claudia Kaestner*

We will continue NOT playing bridge in October. Hopefully sometime we will play again.

## Fourth Fridays with Friends

*Ardelle Brown & Linda Morgan*

We will try to meet in Ardelle Brown's garage at (2117 Rownd St., CF) on October 23 or, if we are really lucky, in the yard! Let's make our start time 10:30 to enjoy warmer temperatures on this Friday. Bring your own chair; however, if you forget, Ardelle has 13 chairs. This will be the last FFWF this year.

## Literature

*Joan Bunkofske*

The literature group will meet on October 12 at 1:15 p.m. We will meet at Lookout Park in Cedar Falls. Gloria Tollefson will review *The Vanishing Half*, by Brit Bennett. Please bring your own beverage and chair. All are welcome.

Still doing pandemic housecleaning this fall?  
Remember to set aside non-clothing items for the  
garage sale and plant sale planned for May 2021!

## Taking a Leadership Role

Past Presidents Kay Thrall and Arlene Prather-O'Kane are chairing the nominating committee this year. The board of directors is eager to find a president elect (or two individuals to serve together). We did not have a nominee for this position at our spring election. Please see the job descriptions available on our Branch website (at <https://cedarfalls-ia.aauw.net/resources-2/resources/>) and nominate yourself and/or a friend to serve AAUW Cedar Falls-Waterloo in this role.

## Women in Motion

Women in Motion (WIM) visited the Cedar Valley Arboretum and Botanic Gardens on Friday, September 25. (Some met at Ardelle's garage to enjoy Fourth Friday With Friends before carpooling to the Arboretum.) Entry to the Arboretum grounds was only \$5. The Scarecrow Stroll included a competition; each visitor received a ticket and could vote for a favorite among the figures set up by Cedar Valley organizations. (Anyone interested in creating an AAUW CFW scarecrow next year should contact WIM. Scarecrows need to survive the elements for about six weeks.) Other scarecrows, like the wild-socked bicyclist in the photo below, were set up by Arboretum staff and volunteers.



Women in Motion Admire This Not-at-all Scary Figure



A Band of Scarecrows



Karen Agee and Gloria Tollefson  
With a Beautiful Spirit of Autumn

After strolling the scarecrows and admiring the creativity of their crafters, Women in Motion took advantage of the opportunity to purchase pumpkins, honey, mums, bird feeders, Iowa wine, and other offerings displayed in the gift shop and near the front parking area. It is not too late to enjoy this venue. Fall Fun at the Arboretum remains open to the public through October 31. For more information, see <https://www.cedarvalleyarboretum.org/fall-fun>.