

Saturday, January 18, 2020
Cedar Falls Women's Club



Our theme this year is Leadership and Education

Menu:
Clubhouse Quiche and Spinach Quiche for vegetarians - bacon, poppy seed muffins, orange juice, water & coffee
\$15



Reservations:

Mary Ellen Beckman
269-1893
AAUW.CFW.RSVP@gmail.com
due by January 10, 2020

Co-vice presidents for program:
JoAnn DeVries
joandv@cfu.net
Sandy Lawry
sandylawry1970@gmail.com



Mission:

To advance gender equity for women and girls through research, education, and advocacy.

Vision: Equity for all.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls-Waterloo Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

Co-Presidents
Arlene Prather-O'Kane & Kay Thrall
Communications Director
Maureen White
Co-Vice Presidents Program
JoAnn DeVries & Sandy Lawry
Co-Vice Presidents Membership
Linda Morgan and Gayle Wood
Vice President Fundraising
Myrna Sandvik
Secretary Nancy Hasenwinkel
Treasurer Jodi Bergmann
Public Policy Maureen White

AAUW Cedar Falls - Waterloo will gather for a brunch at 10 am on Saturday, January 18th at the Cedar Falls Women's Club, Third and Clay Street. AAUW is the nation's leading voice promoting equity and education for women and girls.



In keeping with our theme for the 2019 - 2020 year, Leadership and Education, our program will be presented by the Thomas Eachus, Executive Director, Behavioral Health Service Line, Black Hawk - Grundy Mental Health Center. The program, beginning at 10:40 am, entitled *Mental Health 101*, will update the audience on the vast mental health issues in our community and the services that are provided.

The Community Foundation of Northeast Iowa recently announced a matching grant of up to \$50,000 to Black Hawk-Grundy Mental Health to improve mental health access and availability in our community.

The menu is clubhouse quiche, bacon, poppy seed muffins, orange juice, water, and coffee. Vegetarians may also have a choice of spinach. The cost of the meal is \$15 and will be served at 10:15 am.

Reservations may be made by e-mail to AAUW.CFW.RSVP@gmail.com by January 10, or by calling Mary Beckman at 269-1893.

Guests are welcome and anyone may attend and enjoy the meal or attend and listen to the program only.

Submitted by Sandy Lawry and JoAnn DeVries,
Co Chairs of Program Committee

CV3D Book Sales Before and After Dinner Meetings
Cedar Falls - Waterloo AAUW

At each AAUW dinner meeting held at the Waterloo Woman's Club, CV3D will sponsor a gently used and new book sale. These titles are donated by member of AAUW and money earned from the sale of these books is intended for an AAUW CV3D guest author honorarium and expenses.

Co-chairs Mary Dove and Judy Beckman would be grateful if you would help us bring a current author, by digging in your pockets and pay 50 cents for a paper-back and \$2 for brand new books or mint condition hardback titles. The price of most new hard backs would be nearly \$20 or even more if you purchased them on line or at your local bookstore. They are a bargain.

President Report From the Presidents...



Arlene Prather-O'Kane and Kay Thrall

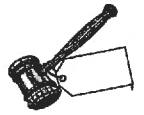
Some events planned will be both at the state level and also at the local level. State-wide kickoff will be held at ISU Memorial Union on February 14th from 11:30 am - 6:30 pm. Locally, we are progressing on fundraising for our sculptures both here in Cedar Falls and Waterloo.

We look forward to our fundraiser on May 2nd with a Wine and Chocolate event. More information about various events are in this newsletter.

A reminder to all to save the date June 18th, 19th, and 20th for the Regional AAUW Conference in East Moline, IL. Also, we hope to see many of you attend our Branches this month being on January 18th, at the Women's Club. We will continue to have our Branch meetings for February and March.

Newsletter Tidbits From Your Co-Presidents:

Happy New Year to all!



We hope you all have had a wonderful holiday season. This will be a momentous year, not just with activities with AAUW, but also commemorating our 100th year anniversary of the 19th Amendment Celebration. We are going to have several events to celebrate this year.

Thanks, your Co-Presidents Arlene and Kay

Presidents - Elect Report

Amy Hoyer and Karen Agee

The President Elect is charged with leading strategic planning. Amy and Karen see two options for the 2020-2024 Strategic Plan:

- Update the 2014-2019 plan with additional goals befitting our current identity as the branch for both the Cedar Falls and Waterloo areas. (Such goals would include a membership diversity initiative to reach out to women of color, young professionals, and others in the broader Cedar Valley area [minus Waverly].

- Create a new plan based on AAUW's new mission, vision, values and strategic initiatives at the national level.

Amy and Karen seek ideas from others (email us!) and will draft both versions for consideration of the board and members in February. How should we best advocate for women and girls in the Cedar Valley?

Report from Fundraising Team

At our January brunch meeting, we will be having a "Purse Treasure Exchange" Silent Auction. Bring a purse or special container with at least a \$5 item in it, to be bid on as a silent auction item. Opening bid for all items will be \$5. The proceeds will be used to support our branch activities.

Have fun with the purse/ container and the prize inside for a really good time for all participating.

Linda Morgan,
Vice President for Fundraising

Membership Report

Linda Morgan & Gayle Wood
Co-Vice Presidents for Membership

Transition Scholarship Committee

Karen Agee karen.agee@uni.edu

Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing

ROSES and RADICALS: The Epic Story of How American Women Won the Vote

by Susan Zimet



Cedar Valley Discover Discuss Diversity meets on Monday, January 13, at the Cedar Falls Public Library, Hardman Room on Second Floor. The room will be open at 4:15 pm and the discussion will begin promptly at 4:30 pm. Recognizing the adoption of the Nineteenth Amendment to the Constitution the discussion will be. *ROSES AND RADICALS: The Epic Story of How Women Won the Vote*. The facilitator will be Mary Dove.

This title will surprise participants and very likely offer many surprises the women's acquisition of suffrage. Work, even imprisonment and this controversial Nineteenth Amendment to the Constitution took seventy-two years of assiduous work, imprisonment and physical abuse before ratification occurred in 1920. In some Southern States, African Americans was not gained until 1960. discussion.

All Cedar Valley residents are invited to attend and join the discussion of *ROSES AND RADICALS*. CV3D is a Community Action Project of AAUW Cedar Falls-Waterloo. All visitors are welcomed and need not have read the book to participate in the discussion and ask questions.

*Dr. Judy Beckman and Ms. Mary Dove
Co-chairs of CV3D.*



Books & More for Newborns Jane Close

International Studies / Great Decisions for Members

2020 Great Decisions Program - Ready to Begin

Our 2020 briefing books have arrived. The first topic is "Climate Change and the Global Order". What is the rest of the world doing to combat climate change? While much of the world is banding together to come up with a plan, the US remains a notable holdout. Are we the only "holdouts"? What impact will the effect of climate change have on global geopolitics? Join us as we watch a 30 minute DVD on this topic and then discuss this very important topic!

You have two opportunities:

- >> Monday afternoon, January 20, 1:15 pm at the First Presbyterian Church Library, Cedar Falls. Anne Schuessler will lead the discussion.
- >> Tuesday evening, January 28, (*NOTE: that this is a week later than usual... as the room was not available*) 7- 8:30 pm at the Cedar Falls Public Library conference room.

Bring another person interested in this topic.
We have one book left to be purchased.

If you are interested in this topic, please join us.
Gloria Tollefson 266-4075 gtollefson@cfu.net
Kay Thrall 266-6190 keds@cfu.net

Women in Motion WIM

Everyone's invited! Women in Motion (WIM) will be joining the National Organization for Women (NOW) Cedar Valley Women's March on Saturday, January 25 from 10 - noon, beginning outside the SingleSpeed Brewery at 325 Commercial Street in Waterloo.

The Black Hawk County chapter of NOW is the organizer for this event, the first Women's March in the Cedar Valley. The march will be a celebration of women and minorities and will be a commemoration of the passing of the 19th Amendment. The march will also be a call to action to support legislation that benefits women and minorities. NOW contact is Melody Kosobucki, email: kosobucm@uni.edu.

February and March will find WIM at LeChristopher's Southern Cuisine Dinner, UNI women's basketball game, 14th Amendment "Hard Won-Not Done" beer tasting at SingleSpeed Brewing and Equal Pay Day events. Check the February newsletter for details. Everyone's invited!

*Jane Close and Bonnie Smith
WIM Co-Chairs*

Community Action Projects Co-Sponsored Programs and Contacts



BOOKS BOOKS BOOKS

Do you like books?
Do you like sharing books?
Do you like visiting
interesting places in the metro area?

If you answered "yes" to these questions, you may be the next Reaching out with Books chair. I am looking for someone to take over Reaching out with Books. Call or text me at 319 - 404 - 1319. I will tell you all about this easy way to make a difference in the lives of women.

Thank you! *Amy Hoyer* amyhoyer@cfu.net

**The Money to Bring All
Our AAUW and Cedar
Valley Friends a
Current
Author**



We are grateful for your help. We eagerly accept donations.

Mary Dove and Judy Beckman
Co-chairs of CV3D



Community Action Projects
Are you involved?

contact: Maureen White,
public policy director

19th Amendment Centennial Updates

Go to : <https://19th-Amendment-Centennial.org> for complete information.

- Watch for articles in the Courier about Iowa suffragists
- Order 19th Amendment apparel featuring a design by Cedar Falls artist Kate Brennan Hall at https://yourxpressions.com/19th_amendment
- January 21 – launch date for “Hard Won Not Done” craft beer at SingleSpeed locations in Waterloo and Cedar Falls (portion of proceeds go to the 19th ACCC)
- February 14 – 19th Amendment Centennial kick-off event at Iowa State University. The keynote speaker is **The Woman’s Hour** author Elaine Weiss

PUBLIC POLICY

Maureen White *public policy director*

2020 Legislative Public Forum –

Our branch is a co-sponsor. LPFs will be held at the HCC Van G. Miller Adult Learning Center, 120 Jefferson, Waterloo. All will be on Fridays from 4:30 - 6:30 pm.

Dates and preliminary topics are:

- > January 24 – criminal justice
 - >>> February 21 – gun violence
- > March 13 – education
 - >>> March 27 – climate
- > April 3 – health care (including mental health)

There may be an additional wrap-up session after adjournment.

Caucuses –

February 3, 2020. Locations will be announced later this month. If you plan to attend a Democratic Party caucus, be sure to print and take your Iowa Caucus Early Check-in form (if using) to complete your registration, a speedier process than if you have to sign-in that night.

AAUW Iowa Lobby Day –

Wednesday, February 12, 2020. Will be at the Capitol. Watch for information in e-mail and on the AAUW Iowa website.

Interest and Study Groups
as well as
Community Action Projects
and **Opportunities to Participate**

STEM Competition at UNI

AAUW is a recognized leader in addressing the need for STEM opportunities for girls. This fall our branch was asked to provide volunteers for a FIRST LEGO League STEM competition at Peet Junior High. Thanks to three branch members, Karen Agee, Ardelle Brown, and Sandy Lawry, who stepped-up to help.

UNI is hosting the *FIRST@? Robotics Competition (FRC) Iowa Regional* at the McLeod Center on March 25-28. Combining the excitement of sport with the rigors of science and technology, it will bring together more than 45 FRC teams from the Midwest and around the world. Each high school team will design, build, and program their robot to play this year's game, *INFINITE RECHARGESM*. The teams will include girls and boys, not just girls.

We've again been asked to help. Volunteers are needed for - - -

1. Quiet Room Attendant: supervise a room where students who need to get away from the noise and excitement can go. This would be a minimum of 1/2 day commitments. (Always 2 adults in the room at a time)

2. Welcome Table Attendant: welcome people to the event and give out programs. Answer simple questions and call for a planning committee member when needed. This would be a minimum of 1/2 day commitments.

Please consider helping. Volunteers are required to provide information online for a background check. Specific dates, times and other information will be provided closer to the event. For now, check your calendar to see if you are available sometime on March 26-28 (no help needed on March 25).

~ Let Maureen White know by *Monday, January 27*.



Fourth Fridays with Friends

January 24, 10:30 am - 11:30 am
at College Square HyVee in the coffee area.
We have from 2 - 6 members joining us.
This is a great way to get to know others.
Contact Ardelle Brown



New members are always welcome.
If you would like to visit
or receive a schedule ...
or receive question answers...

call *Joan Bunkofske* at 266-8575.

Literature Group

The AAUW Literature group will meet on Monday, January 13, at Kay Thrall's home/ 5313 Caraway Lane # 313. Barb Feuerhak will present the book. All are welcome. Please call Kay at 266-6190, if you plan to attend. *Eunice Bunkofske*

Cedar Valley UNA

Maureen White



Bridge For Education

Wednesday, January 15
Prairie Wind Western Community
5313 Caraway Ln, Cedar Falls
Dessert in the breakfast room - 12:30 pm

Tuesday, January 28
Willowwood, Western Community
1100 Grove St., Cedar Falls
Dessert in the dining room 12:30 pm
Call Ardelle Brown 266 - 6882 for more information
or Claudia Kaestner We usually have 3 tables.

Ardelle Brown and Claudia Kaestner, contacts

Cedar Falls AAUW Newsletter
Sheryl Bewyer, editor
266-6614 sbewyer@cfu.net

