

September 2019 Cedar Falls, Iowa
Vol. 78 No. 1

Monday, September 30, 2019
Cedar Falls Women's Club



Menu:
Vegetable Stir Fry
Rice Pilaf
Chocolate Chip Cookie \$15



Our theme this year is
Leadership and Education

Gather 5:00 pm
Program 5:30 pm
Dinner 6:15 pm

Reservations:

Mary Ellen Beckman
269-1893
AAUW.CFW.RSVP@gmail.com
due by September 25, 2019

Co-vice presidents for program:
JoAnn DeVries
joanndv@cfu.net
Sandy Lawry
sandylawry1970@gmail.com



Steve Corbin

**History of
Woman's Suffrage**

Professor Emeritus of Marketing,
UNI, Co-Lead Organizer,
Iowa Public and School Library,
19th Amendment Centennial
Commemoration

Guests are welcome and anyone
may attend and enjoy the meal or
attend and listen to the program
only. **September 30**

Mission:

To advance gender equity for
women and girls through research,
education, and advocacy.

Vision: Equity for all.

Diversity Statement:

In principle and in practice,
the AAUW, Cedar Falls-Waterloo
Branch, values and seeks diversity.
There shall be no barriers to full
participation in this
organization on the basis of
gender, race, creed, age,
sexual orientation, national
origin, disability or class.

Board of Directors:

Co-Presidents
Arlene Prather-O'Kane & Kay Thrall
Co-Presidents Elect
Karen Agee and Amy Hoyer
Co-Vice Presidents Program
JoAnn DeVries & Sandy Lawry
Co-Vice Presidents Membership
Shelia Bullock and Bees Downing
Vice President Fund Raising
Linda Morgan
Secretary Nancy Hasenwinkel
Treasurer Pat Higby
Communications Director & Public
Policy Director Maureen White

The cost will be \$15.

Reservations may be made by emailing to AAUWCFW.RSVP@gmail.com
or call Mary Ellen Beckman at 269-1893 by September 25.

All meetings are held at the Cedar Falls Woman's Club, except February 18, which will be at the YWCA in Waterloo. The Monday night meetings begin with a social time at 5 pm. The Saturday morning meetings begin at 10 am. Sandy Lawry & JoAnn DeVries, Co Chairs of Program Committee

AAUW Greatest Needs Fund

What can you do to support AAUW even more than you do? How about making a donation to AAUW's Greatest Needs Fund. Contributions to the Greatest Needs Fund allows the organization to quickly respond to emerging challenges facing women and girls. It allows our organization flexibility to address such needs. The Greatest Needs Fund supports AAUW's strategic plan: Education and Training, Economic Security, and Leadership. It helps to expand on programs such as Start Smart and Work Smart, the National Conference for College Women Student Leaders, ground-breaking research, and other efforts.

You can find out more information about the Greatest Needs Fund and the other AAUW Funds at:

<https://www.aauw.org/resource/the-aauw-fund-faq/>

Remember that contributions to AAUW are fully tax-deductible and can be sent to the address below or made online at www.aauw.org/contribute.

P.O. Box 98045 Washington, DC 20090-8045
800.326.2289 connect@aauw.org www.aauw.org

Nancy Henderson

AAUW - Iowa Funds Director



AAUW Cedar Falls - Waterloo, recently elected officers for the 2019 - 2020 membership year. American Association of University Women is an organization that advocates for women and girls. Additional information may be found at cedarfalls-ia.aauw.net AAUW.org

President Report From the Presidents...



- * **First row** - Maureen White, Public Policy; Arlene Prather - O'Kane and Kay Thrall, Co-Presidents
- * **Second row** - Linda Morgan, Vice President for Fundraising; Sandy Lawry, Co-Vice President for Program; Beebes Downing, Co-Vice President for Membership
- * **Third row** - Pat Higby, Treasurer; JoAnn DeVries, Co-Vice President for Program; Nancy Hasenwinkel, Secretary; Shelia Burt, Co-Vice President for Membership
- ***** Other Officers - Karen Agee & Amy Hoyer, Co-President Elect

Co - Presidents Reports

Welcome all AAUW members and new members! Our hope is that you all have had a wonderful summer and ready to hit the trails for AAUW for 2019 - 2020 ! We were all very pleased with this year's Kick Off Event at the Waterloo Library and as co-presidents, we want to extend our thanks to all of you and your hard work for making it such a SUCCESS!

We actually signed in 2 new members and have potentially 2 new more ladies that might join. Please continue to speak with all of your friends and neighbors to see if we can increase our enrollment this year. We want to remind everyone when you are recruiting, to mention we will be having 3 brunches on Saturdays, in January, February, and March, in case some feel they can't always attend on Mondays evenings. The Program committee has engaged some fabulous speakers and added some topics of interest for this coming year, as well as delicious meals planned for our meetings.

Save the dates for the Regional Conference (this takes the place of our State Conference for 2020): **On June 18th, 19th, and 20th, the following states will meet in the Quad Cities area: Iowa, Illinois, Wisconsin, Minnesota, Missouri, Kansas, and Indiana.**

Make sure you read the various committee reports in your newsletter, highlighting our fundraisers, progress on the 19th Amendment Centennial Committee, and the many opportunities to be involved this year.

19th Amendment Centennial Commemoration Year 2020:

Maureen White, Kay Thrall, and Arlene Prather-O'Kane represent the Cedar Falls-Waterloo Branch, with many other organizations on the committee to assist with planning the 19th Amendment Centennial Commemoration for August 26, 2020. Maureen White is the interim chair since our chair, Barbara Brown, passed away recently. Barbara was very instrumental with leadership for this project for our community. Our Branch has donated \$3000 to the fund to have a sculpture at the Courthouse in Waterloo and another on the lawn of the Woman's Club In Cedar Falls. Plans are to hopefully pick a sculptor for each project by December 2019.

Stay posted on more events and progress throughout the year towards celebrating this great achievement in our history!

Named Gift Honoree for 2019

AAUW Cedar Falls - Waterloo

Myrna Sandvik, twenty-nine year member of the Cedar Falls - Waterloo Branch, was presented with the award in recognition of her outstanding leadership in AAUW since joining the organization in 1990. She has supported the mission of advancing equity for women and girls through advocacy, education and research.

The Named Gift award began as a way to honor a member of the local branch for her contributions in support of the mission of AAUW. A \$500 contribution has been sent to AAUW Fund in Myrna's honor. AAUW Fund helps support legal Advocacy, Elect Her, \$tart \$mart, endowment earnings supporting Fellowships and grants.

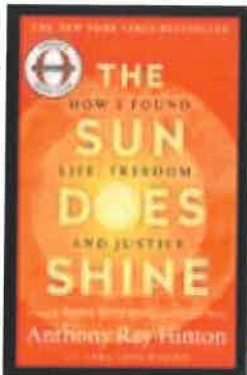


Myrna Sandvik

Cedar Valley Discuss & Discover Diversity Reading & Sharing

The Sun Does Shine: How Found Life and Freedom on Death Row by Anthony Ray Hinton

The Cedar Falls Waterloo CV3D will meet on Monday, September 9, 2019, at the second floor of the Cedar Falls Public Library from 4:30 - 6 pm. The first discussion of the 2019 - 2020 CV3D year will be Anthony Ray Hinton's memoir of his thirty years' unfounded, imprisonment for three murders he did not commit. *The Sun Does Shine: How Found Life and Freedom on Death Row* is a memoir of this miscarriage of justice. This riveting account of Hinton's arrest occurs for murders that were committed while he was locked in a supermarket warehouse cleaning floors. The murders for which he is accused and jailed occurs fifteen miles from the warehouse.



Anthony Ray Hinton was misidentified by one of the victims who survived. The arresting officer tells Hinton he does not care whether he had committed the murders or not. He gives him five reasons why Hinton is going to take the rap: He is black; a white man is going to identify him as the murderer; he will have a white district attorney; he is going to have a white judge; and, the jury is to be all white. The state of Alabama assigned Hinton as an inept lawyer, who receives \$1000 for his services. They hire an incompetent ballistics expert to guarantee fake evidence to convict Ray Hinton.

All Cedar Valley residents are welcome to join the CV3D members, in the September 9, discussion, led by Melba Widmer. Those Cedar Valley guests in this discussion, need not have read the book and are welcome to join the discussion and ask questions.

CV3D is sponsored by the Cedar Falls Waterloo Branch of the American Association of University Women. For further information email Dr. Judy Beckman at drjudy.beckman@cfu.net.

Co-chairs of CV3D

Dr. Judy Beckman and Ms. Mary Dove



International Studies / Great Decisions for Members

Great Decisions Groups to Meet

Join us as we discuss "Cyber Conflict and Geopolitics". Cyber conflict is a new and continually developing threat. It can interfere in our elections, sabotage industries and attack our infrastructure. We will watch a DVD on the subject and then discuss how we might keep Russia and China from using cyberspace to interfere in the Iowa caucuses and our 2020 election.

Two opportunities to learn more -
>>> Monday, September 16, at 1:15 pm, in the library, at the First Presbyterian Church, 902 Main St., CF
>>> Tuesday, September 17, at 7 pm, in the conference room, at the CF Public Library.

If you are interested in this topic, please join us.
Gloria Tollefson 266-4075 gtollefson@cfu.net
Kay Thrall 266-6190 keds@cfu.net

Women in Motion WIM

Women in Motion met in August for happy hour and made plans to attend the North End Arts and Music Festival. The day began with a lively KBBG parade that included 14 highly - skilled competitive drill teams and continued with the festival at Ferguson Fields Park. The events gave us a glimpse into the rich arts and culture in Waterloo.

Everyone - join us for our September events:

>> Tuesday, September 10, 5:30 pm Jubilee UMC Resource Center at 1621 E 4th St. Waterloo.

Poverty Inc. documentary film, sponsored by the Local Coordinating Committee of the Iowa State Poor People's Campaign a national movement, from social entrepreneurship to foreign aid the documentary examines the rise of charity as a multibillion dollar poverty industry. But who profits the most?

>> Monday, September 16, 7 pm at the Gallagher Bluedorn Performing Arts Center.

Constitution Day "Separate and Unequal: Considering Modern Day Segregation and the American Constitution, by Nikole Hanna-Jones, a Waterloo native, covers racial injustice for the New York Times Magazine. She has spent years chronicling the way official policy has created and maintains racial segregation in housing and schools.

Jane Close and Bonnie Smith, Co-chairs

Community Action Projects Co-Sponsored Programs and Contacts

Kick - Off Party

Membership Report

AAUW Cedar Falls - Waterloo

Our August 26th, Kick - Off at the Waterloo Public Library, was a lively, successful event. A huge thank you to all who participated, especially those who were able to help with the setup and clean up of the rooms, as well as those who brought delicious goodies! Forty members and four guests signed the membership notebook at our membership table. Please welcome two new members, Cathy Howland and Diane Schupbach!

*Shelia Bullock & Beeds Downing
Co-Vice Presidents for Membership*

Women For Change

Fall Housewares and Outerwear Drive

The fall clothing drive is going to be a bit different this year. It will be from October 28 - November 3. We will be collecting housewares, instead of clothing. The director, Amy Landers, has obtained a storage unit, helping the residents Women's Center for Change.

These women are transitioning from prison to the community. When they leave the Center, they have nothing to start their new life. They must find housing and be able to furnish an apartment or house. We would like to help them in this effort.

They need: dishes, silverware, appliances, bedding, blankets, linens, towels, rugs, basically anything to start a household. Another need is winter outerwear, in other words, coats, jackets, boots, scarves, hats, gloves, etc. If you can donate any of these items it would be appreciated.

We can start collecting this month. In September you can bring them to the AAUW dinner meeting on September 24, or call one of the committee members to arrange pickup. We hope everyone will clean out your closets once again! Thank you for donations.

*Sherrie Dreyer 319-231-3665
Jane Nelson 268 -9098 Bonnie Smith 266-2526*



AAUW Iowa 2020 Lobby Day

Mark your calendar for Wednesday, February 12,
2020 for AAUW Iowa Lobby Day

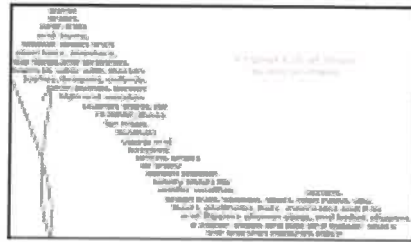
PUBLIC POLICY

Maureen White public policy director

Community Action Projects Are you involved?

AAUW Cedar Falls Fund Raising

Bring more shoes
to the September
meeting.



We have 64 bags of shoes. Hooray! The shoe drive will go through October, so we have only a little time to get 36 more bags of shoes. That is 900 more pairs of shoes to meet our goal of 100 bags. We are 66 % there. Six members filled 15 bags, in 35 minutes, on Thursday morning. What a team! We will meet again on Friday, September 27, at 9:30 am, at Sandy's home, to fill more bags.

*Linda Morgan Vice President for Fundraising
linda47@cfu.net 215 - 0373*

Cedar Valley Discuss and Discover Diversity CV3D

Each dinner meeting held at the Cedar Falls Woman's Club beginning in September, CV3D will sponsor a used book sale. These books are donated to CV3D, themed used to cover expenses of CV3D and cost of speakers that are affordable. CV3D c-chairs, Mary Dove and Dr. Judy Beckman would be grateful if you would dig into your pocketbooks and pay \$1 for the purchase of each book. This is substantially less than the Book Nook prices for used books and your donation goes to an AAUW communication COMMUNITY ACTION GROUP called Cedar Valley Discuss, Discover Diversity - CV3D. We would be grateful. We also invite members of the Cedar Valley to join the CV3D discussions held on the second Monday of each month. September 9, October 7, November 11. Please give generously, donate gently used books, and join the monthly discussions held at the Cedar Falls Public Library. Dr. Judy Beckman Ms. Mary Dove Mary Ellen Beckman, book seller Co-chairs of CV3D



2020 is the celebration of the passing of 19th amendment. This AAUW group went to the Carrie Lane Champion Act museum in Charles City, on August 9. It was a nice time.

Museum



Interest and Study Groups
as well as
Community Action Projects
and Opportunities to Participate

Gotcha Covered. Period.

Did you know

- The average woman uses approximately 4 tampons per day, 20 tampons per cycle, 240 per year.
- The average woman spends \$7 per box.
- Some girls may miss classes or miss school altogether because they don't have menstrual products.
- Poverty is the prevailing reason for inability to access menstrual products. About 40% of U. S. girls live in low-income families and 19% live in poverty.
- Supplemental Nutrition Assistance Program (SNAP) money cannot be used for personal care items.
- Access to and availability of menstrual products allows girls to focus on learning and to be able to participate in after school activities.

School nurses in the Waterloo and Cedar Falls school districts were contacted to determine if this was a problem for girls in those schools. Answer for all was yes.

To address this problem, our branch has launched a new Community Action Project called Gotcha Covered. Period. We have supplied the four public high schools and seven junior high/middle schools with products as well as packages of underwear.



Nikole Hannah-Jones will deliver the UNI 2019 Constitution Day address, titled "Separate and Unequal: Considering Modern Day Segregation and the American Constitution," at 7 p.m. on Monday, September 16 in the Great Hall of the Gallagher Bludorn Performing Arts Center. A Waterloo native, she covers racial injustice for The New York Times Magazine. Constitution Day is observed each year on September 17 to commemorate the signing of the Constitution on September 17, 1787.

Cedar Valley UNA

Maureen White



Fourth Fridays with Friends

Set aside September 27, to meet new friends and greet those you have known for awhile. We learn about each other and swap all sorts of stories.

We have from 2 - 8 friends on any Fourth Friday. See you at 10:30 am, at College Square HyVee, in the coffee area.

Ardelle Brown

Literature Group



We will meet September 9, at the home of Mimi Zischke - Windgrace, the Western Home Communities - apartment #21. Gloria Tollefson will review a book for us.

We meet the second Monday of the month at 1:15 pm. If you would like to attend, please call Mimi Zischke, or Joan Bunkofske.

J. Bunkofske jlbunkofske@cfu.net 266-8575



Bridge For Education

Wednesday, September 18
Tuesday, September 24

Dessert in the dining room at 12:30 pm
Willowwood / Western Home Communities
1100 Grove Street, Cedar Falls

If you need to be refreshed after not playing bridge for a while, we will help you refresh your bridge skills.

Call Ardelle 266 - 6882 for more information
Contacts: Claudia Kaestner and Ardelle Brown

OK OK OK OK OK OK We sold everything in May, but not the kitchen sink.

BUT Sandy even sold the sink ! YEA!!!

The 2020 GARAGE SALE
is going to be **May 15 and 16.**

Books & More for Newborns *Jane Close*

Cedar Falls AAUW Newsletter
Sheryl Bewyer, editor
266-6614 sbewyer@cfu.net

