

**Monday, November 26, 2018**  
Cedar Falls Women's Club



**Menu:**

Asian Stir Fry-Chicken on Rice  
Fruit Salad  
Pumpkin bar \$15

OR

Chef Salad with meat  
Or Chef Salad without meat  
Pumpkin bar \$15

**Reservations:**

[AAUW.CFW.RSVP@gmail.com](mailto:AAUW.CFW.RSVP@gmail.com)  
Or call Mary Ellen Beckman  
269-1893  
Deadline November 21

The theme for this year is:  
**Leadership and Education**

**Gather 5:00 pm**  
**Program 5:30 pm**  
**Dinner 6:15 pm**

**Legal Aid for Iowa Women**

**Michele Jungers, Iowa Legal aid Group**

Michele will discuss Iowa Legal Aid and the work that is done to assist low income and marginalized persons with civil legal issues that impact their basic needs and fundamental rights. Michele will also give an overview of some civil legal issues that disproportionately impact women as well as data about the unmet civil legal needs in our community.

**Mission:**

AAUW advances gender equity for women and girls through research, education, and advocacy.

**Vision:**

Equity for all.

**Diversity Statement:**

AAUW values and seeks a diverse membership. There shall be no barriers to full participation in the organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

**Board of Directors:**

Co-Presidents *Kay Thrall & Arlene Prather-O'Kane*  
President elect  
Co-Vice Presidents Program  
*JoAnn DeVries & Sandy Lawry*  
Co-Vice Presidents Membership  
*Linda Morgan & Gayle Wood*  
Vice-President Fundraising  
*Myrna Sandvik*  
Secretary *Nancy Hasensinkel*  
Treasurer *Jodi Bergmann*  
Public Policy *Maureen White*  
Communications Director  
*Maureen White*

**AAUW contributions**

It is time to plan your tax-deductible gifts to AAUW in 2018, or in January of 2019, whichever fits your tax situation best.

1. You can contribute to the AAUW Fund directly at the national level.
2. Contributions can be made to the Local Scholarship Fund by writing a check directly to the Cedar Falls Community Foundation, which administers our Cedar Falls-Waterloo Branch tax-deductible funds. Your check to the foundation MUST have "AAUW Scholarship" noted on the check's memo line.

To be tax-deductible, checks must be submitted to one of the above two funds, and NOT to AAUW Cedar Falls-Waterloo. More information and complete instructions for tax-deductible gifts to AAUW (both local and national) can be found on page 12 of the AAUW Cedar falls-Waterloo Program Book, which all members should have received.

Non-tax-deductible gifts can be submitted to our Branch Treasurer, Jodi Bergmann at any meeting or by mail.  
Myrna Sandvik, Fundraising VP questions? 319-230-9539

Host a **NUDGE** (No Use Delaying Gender Equity) event in 2019? Nudge is a social event sponsored by our branch that features a representative from 50-50 in 2020 who will address the importance and impact of women running for elected office. Contact Maureen White if interested.





Pat Higby

Dear members of Cedar Falls-Waterloo AAUW,

It is so strange that my first President's letter is to announce my resignation. All our lives are complicated, but the death of my husband John last month and the necessity of closing and preparing his business for sale has made it impossible for me to do a good job as your President. I know our branch will do very well in the hands of our Co-Presidents Elect: Kay Thrall and Arleen Prather-O'Kane. I hope to serve you all later in a leadership position. Until then I will remain active, and look forward to working with all of you on many great projects. Pat Higby



In accordance with our Bylaws, Co-presidents Elect Arlene Prather-O'Kane and Kay Thrall became Co-presidents of our branch after the board accepted, with regret, the resignation of President Pat Higby on November 5. Thanks to Pat for her work. A special election for president-elect will be scheduled at a later date.

### Work Smart

As part of the new AAUW Strategic Plan, the organization set a goal to train 10 million women in salary negotiations by 2022 through the Start Smart and Work Smart programs. Work Smart is similar to Start Smart, a workshop used for several years now on college campuses across the country to teach students how to negotiate salary and benefits so that they are paid what they are worth. UNI has offered Start Smart for three years now (next workshop is on Monday, November 12) and invites students from Wartburg and Hawkeye to participate.

In order to reach more women, in addition to in-person workshops, AAUW has released a new online version of Work Smart. AAUW asks all members to take the class themselves, then invite 20 others to take it, and each of them in turn would ask 20 more, and so on. So, start thinking of friends, contacts, daughters, granddaughters, other relatives and anyone else you know. AAUW has produced an email message that can be sent to friends regarding the workshop. Work Smart Online can be accessed through any computer or mobile device and takes about 90 minutes to complete.

To watch a video about Work Smart, take the course, find the email message, social media tools, and other information, type *engagement for members* in the search box on the AAUW website.

**Save the Date: April 27--State AAUW Meeting at Newton Campus!**

**Save the Date: May 17 & 18 -- Cedar Falls-Waterloo Plant and garage sale**

### Great Decisions

Our PROMOTING GLOBAL AWARENESS Great Decisions discussion group will meet to watch a DVD and discuss old and new health challenges in today's world. Join us in the conference room at the CF library, Tuesday, November 20, at 7:00pm. Where are we at in combatting HIV/AIDS? Malaria? Ebola? Polio? Pregnancy and childbirth around the globe? What have we done in the past and what roles should governments and private foundations/organizations take today? Join us and bring an interested person with you. Contact: Gloria Tollefson

ORDERS For 2019 Great Decisions Contact: Gloria Tollefson (Phone # and e-mail address in our membership book)

We will be ordering the 2019 study books at this meeting. If you are unable to attend, please call me to reserve your book. Our 2019 topics are: Jan. 15- Refugees and Global Migration; Feb. 19-Disorder in the Middle East; March 19 Nuclear Negotiations; April 16 Rising Populism in Europe; May 21 Decoding US and Mexico: partnership tested; Nov 19 State of the State Dept. and Diplomacy.

The articles are written by different authors who have a wealth of information and experience in their topic. Each topic is about 10-12 pages long with colored maps and pictures. Even if the study group does not work for you, you will find the book very interesting and informative. I get a group rate by ordering a classroom package of 31 books which includes the DVD at no extra cost. Reserve a book (\$26) for an individual. Contact: Gloria Tollefson



BORN ON THIRD BASE  
by Bill Collins

AAUW Diversity Book Discussion, CV3D meets at the Cedar Falls Public Library on November 11, 2018 to discuss Bruce Collin's new title BORN ON THIRD BASE.

Collins suggests that we ask ourselves to what extent each of us engage with disadvantaged communities. How many times, even more rarely have the wealthy of our community, the 1 per cent, made the effort to engage with these groups? He argues that people working for social change become involved, and step up now. He suggests that for too long this has been a form of class war and distrust between the rich and the wealthy.

Pauline Harding will lead the discussion. Her discussion poses questions about how rage and class wars affect each of us? Does this book successfully reach out to social change?

CV3D is sponsored by the Cedar Falls /Waterloo branch of the American Association of University Women and the Cedar Falls Public Library. The November 11 meeting will be held on the second floor of the library. Those attending need not have read the title to listen and participate in this event. Cedar Valley Discover Diversity Discuss conversation, discussion, and questions is held from 4:30 – 6:00 p.m. For further information contact Dr. Judy Beckman at [drjudy.beckman@cfu.net](mailto:drjudy.beckman@cfu.net) or Mary Dove at e-mail [elybound1982@gmail.com](mailto:elybound1982@gmail.com).

**Books and More for Newborns Community Action Project**  
**The Benefits of Reading to Newborns**



This is a new community action project that focuses on the many long-term benefits of reading to infants and children beginning at birth. Due to generous donations we are able to provide children's books at a variety of reading levels and also supply newborn baby items--gently used sleepers, onesies, socks, hats, bibs, blankets, tactile toys and stuffed toys--and items made by volunteers--changing pads (with disposable diapers and baby wipes), sleep sacks, burp cloths and wash cloths.



On October 25, Arleen Prather-O'Kane and I attended a meeting of 50 or so parole/probation officers at the Women's Center for Change to introduce the Books and More for Newborns Project. Officers were asked to make this service available to the appropriate parolees and probationers and notify us of the need. Books and baby supplies will then be delivered to the officers for those clients.

If you'd like to participate in this project, contact me at [closej@Q.com](mailto:closej@Q.com) or (319) 983-2016. Jane Close, Chair

### Women in Motion

Women in Motion (WIM) helped set up the *Women for Change Community Action Project* clothing giveaway on October 30 at the Women's Center for Change. We'll be helping remove the remaining items on November 8.

On **Tuesday, November 27 at 5:30** we'll meet for **Happy Hour** at Old Chicago in College Square Mall to plan events for December and January. Come with ideas or come to listen and provide input

All members, family, and friends are welcome to participate in WIM activities. Please join us for any or all events.

Jane Close and Bonnie Smith

### Bridge For Education

Wednesday, November 21

Tuesday, November 27

Dessert in the dining room at 12:30 pm at Willowood/Western Communities  
1100 Grove Street, CF and then bridge for fun and prizes for the winners!

If you need to be refreshed after not playing bridge for a while, come and we will help you refresh your bridge skills.

Contact Ardelle or Claudia for more information 266-6882

### International Studies/Great Decisions

Monday, November 19<sup>th</sup> at 1:15 pm at First Presbyterian Church CF. We will be watching a DVD about Global Health: Progress and Challenges, followed by a discussion. Contact, Kay Thrall

Order books for 2019 Great Decisions (See page 2 for the discussion topics for next year)



In Memory of Olabelle Reed 1935-2018  
A member of the Waterloo Branch for over 50 years died October 16, at Covenant Medical Center. For the full obituary go to Kearns Funeral or the wfcourier.com for Wednesday, October 24 for an article about this Pioneer African-American educator.

### Literature Group

The Literature Group is meeting on Monday, November 12 at Gloria Tollefson's home at 1:15 pm. Barb Feuerhak will review the book, "Educated, a memoir" by Tara Westover. New members are always welcome. Come and visit one time or come often.

Contact: Joan Bkunkofske

### Members enjoy Artist Auction

Our October Artist's Auction was wonderfully successful. At this event, we had fun with competitive bidding, as we earned a whopping \$343.00 for our local scholarship funds. Artist participation was very strong with 21 items (or groups of items) contributed for bidding.

Myrna Sandvik, Fundraising VP

### CALL TO HELP!

Some of our fellow members might need a ride to a meeting or other events throughout the year. Would you be interested in giving service to your fellow AAUW members by providing a ride occasionally?! If so, please let your presidents know and we will help connect you! If you are the one in need of a ride, please let your presidents know!

Kay Thrall and Arlene Prather-O'Kane





### The Waterloo Women's Center for Change fall clothing drive is underway!

Seven AAUW members ( Jane Nelson, Jane Close, Pat Higby, Linda Morgan, Arlene Prather-O'Kane, Betsy Brant, and Bonnie Smith) helped to set up the room and display the clothing on Tuesday, October 30th. We will continue to allow women to come in and choose items until November 8th. At that time we will need help in taking down the drive. If you are able to help, please let us know. Hopefully, we won't have much left.

We want to thank the members who donated clothes this fall. We've had over 20 individuals donate and more than half of them were not AAUW members but friends of members who wanted to help. Word is getting out and we encourage friends and family to contribute as well. The director, Amy Landers, again , let us know how much this effort was appreciated and needed. Thank you.

Bonnie Smith, Jane Nelson and Sherrie Dreyer

### Women's Center for change clothing drive

Members (from left front to right)  
Linda Morgan, Arlene Prather-O'Kane, Bonnie Smith, Jane Nelson, Jane Close, and Betsy Brant.  
Pat Higby not pictured but helped.

### Starting the Conversation

Forty three men and women from the Cedar Valley attended "We Need to Talk: How Black Women and White Women Receive and Perceive Each Other", a program sponsored by our branch on Saturday, October 20. Presenters Carletta Knox-Seymour (AAUW Iowa Diversity Director) and Dev Kiedaisch (AAUW Iowa Gender Equity Director) addressed perceptions, bias, relationships, and interactions between white and black women and led a discussion. They had led a similar program last year for the AAUW Iowa Share and Learn Seminar series. A number of participants signed-up to continue the conversations. Thanks to Ardelle, Sandy, Kay and Myrna for contributing snacks!

The program was an AAUW Cedar Falls-Waterloo contribution to the yearlong MLK 50 series of programs and events, and stemmed from books and topics discussed by our Cedar Valley Discuss and Discover Diversity group. For MLK 50, our branch placed a display in the Cedar Falls Public Library in February about black women in the Civil Rights movement and in April our equal pay display pointed out the pay disparity for various groups of women. Maureen White

### Starting The Conversation

L-R front Marge Polacek, Gloria Tollefson, Pat Higby, Judy Beckman and Karen Agee.  
Myrna Sandvik, Pat Higby  
Last row Maureen White, Kay Thrall, Ardelle Brown, Shelia Bulck and (almost hidden) speaker Deb Kiedaisch and Carletta Knox-Seymour not pictured

