



**Monday, March 26, 2018**  
**Cedar Falls Woman's Club**

**Menu:**  
Ham and Scalloped Potatoes  
Glazed Carrots  
Apple Cake  
Coffee or Tea \$13



**Reservations:**  
Mary Ellen Beckman  
269-1893  
AAUW.CFW.RSVP@gmail.com  
**due by**  
**March 23, 2018**



**Mission:**

AAUW Cedar Falls-Waterloo Branch advances equity for women and girls through advocacy, education, philanthropy and research.

**Vision:**

AAUW Cedar Falls-Waterloo Branch will be recognized as a leader in the community in advocating for women and girls.

**Diversity Statement:**

In principle and in practice, the AAUW, Cedar Falls-Waterloo Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

**Board of Directors:**

- President *Maureen White*
- President-elect *Pat Higby*
- Communications Director  
*Arleen Cook*
- Co-Vice Presidents Program  
*Judy Beckman and Ardelle Brown*
- Co-Vice Presidents Membership  
*Linda Morgan and Gayle Wood*
- Vice President Fundraising  
*Myrna Sandvik*
- Secretary *Nancy Hasenwinkel*
- Treasurer *Jodi Bergmann*
- Public Policy *Lauri Young*

**Gather 5:00 pm**  
**Program 5:30 pm**  
**Dinner 6:15 pm**

**Mental Health  
and Mental Illness**

Leslie Cohn, LMSW, the executive director for NAMI Black Hawk County (National Alliance on Mental Illness) will be the speaker at our Monday, March 26, dinner meeting at the Cedar Falls Woman's Club, on Third and Clay Street. NAMI is a nonprofit organization that provides advocacy, education, and support to all people affected by mental illness. The agency offers free classes, support groups, and educational programs with speakers. Leslie will discuss both about the agency and mental illness.

AAUW Cedar Falls/Waterloo advances equity for women and girls through advocacy, education, philanthropy and research. The monthly meetings and speakers are a continuing tradition of empowering women.

The dinner meeting time is: ham and scalloped potatoes, glazed carrots and apple cake. Vegetarian salad and apple cake or chef's salad and apple cake are also choices. Coffee or Tea \$13

Reservations for this event are due noon Friday, March 23, and should be made at [AAUW.CFW.RSVP@gmail.com](mailto:AAUW.CFW.RSVP@gmail.com) or call Mary Ellen Beckman 269-1893.

Cancellations must be made by March 23, or the \$13 charge will apply.

\*Visitors are welcome and anyone may attend and listen to speaker. Reservations are not required for attendance only.



**In It for Life? Make It Official**

"I believe that we define who we are not, by what we say, but by to what we commit. By being a member of AAUW (I am a life member), I believe that I define my lifelong commitment to the advancement of all women." — Bernadette Pawlik, 2017-19 AAUW membership committee member

Put your values into action and empower women and girls for generations to come! [Contact AAUW](#) to upgrade from annual to lifetime membership today and you will receive a letter of recognition, a certificate, and a lapel pin that you can wear proudly knowing that you've put your values into action to advance AAUW's mission. Lifetime membership in AAUW is a one-time, fully tax-deductible gift of \$980. Become a life member today!

Something to think about...  
Something to consider...  
Something to perhaps do it...  
AAUW is awesome!!!!



## Presidents Report

Maureen White

Our branch is a member of the community initiative “Fifty Years Since King: Chaos or Community?” that launched on the 2017 Human Rights Day.



Join your Cedar Valley neighbors in a nonpartisan civil and human rights march on Sunday, March 25, to commemorate Dr. Martin Luther King’s march in Selma, Alabama, 50 years ago. Following the march, community members will address still pertinent issues of voting rights, immigration, women’s rights, gun violence and more.

Marchers will gather at 2 pm in Lincoln Park, East 4th & Mulberry Streets in Waterloo and walk across the 4th Street bridge, ending up at the Waterloo Center for the Arts, 225 Commercial Street, Waterloo (Schoitz River Rooms).

Mark your calendars for 7 pm, Tuesday, April 3, to see a performance of “The Mountaintop” at the Hope Martin Theater in the Waterloo Center for the Arts. The two-person play is a fictionalized re-imagining of Dr. King’s last night at the Lorraine Motel before his assassination.

Have you noticed the display of women leaders in the civil rights movement at the Cedar Falls Public Library?

### Annual Garage and Plant Sale May 4th and 5th

*Sandy Lawry’s Garage*

*3819 South Main Street Cedar Falls*

We will hold our always - successful annual garage sale for scholarships; this spring from 12 noon to 6 p.m. on Friday, May 4, and from 8 a.m. to noon on Saturday, May 5.

As in the past, we accept almost everything except clothing and TV’s. We still want to emphasize the large variety of plants we have always offered, and this year we are hoping for a larger assortment of shoes, purses, hats and other accessories. Please search your home and its closets for all kinds of items that you no longer want, but that could be useful to someone else. We spare the landfill, and make it possible to fund our scholarships.

Take everything you find (except the shoes) to Sandy Lawry’s garage. Take any shoes you wish to donate to Pat Higby’s garage.

If you need help transporting any of your items, call Myrna Sandvik (230-9539), Sandy Lawry (415-7912), or Pat Higby (266-4934).



Lots to think about...

See you at the meeting.

*Maureen White*



### Membership

We are pleased to report that about thirty-three AAUW members, including several Waverly branch members, gathered for our February 27 brunch meeting. All really seemed to appreciate hearing our speaker, Lisa Speicher Muñoz, speak on the timely issue of human rights and the difficulties faced by our country's immigrants and their families.

As you've heard by now, for the first time in ten years our AAUW national dues will increase from \$49 to \$59 for the upcoming fiscal year. AAUW state dues will remain at \$10, and our branch dues remain at \$11. More information will follow in the April - May newsletter.



Respectfully submitted,

*Linda Morgan & Gayle Wood*  
*Co-Vice Presidents Membership*

### 2018 Legislative Public Forums

**Saturday March 10, 2018 Human Services**  
10:00-12:00 Seminar A, B, C

**Friday March 23, 2018 The Environment**  
4:30-6:30 Seminar A, B, C

All forums are at Central Rivers AEA, 7031-7123 Hudson Rd. Cedar Falls, IA .. the old Pipac building).

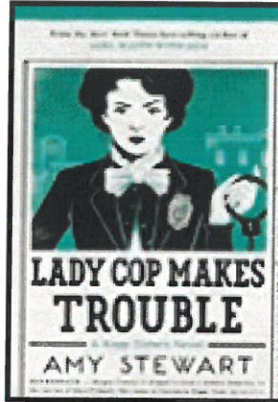
*Lauri Young Public Policy*



## Community Action

### Cedar Valley Discuss & Discover Diversity Reading & Sharing

Discover Discuss Diversity will meet on Monday, March 12, at the Cedar Falls Public Library in the large meeting room, second floor, from 4:30 to 6 pm. CV3D welcomes all Cedar Valley residents to join the discussion or listen to it even if they have not read it. This diversity discussion group is sponsored by the Cedar Falls Woman's Club.



Last year, Discuss, Discover Diversity enjoyed Amy Stewart's first novel based on a true story, *Girl With a Gun*. Now, this March, the discussion group will read and discuss the second novel, *Lady Cop Makes Trouble*.

After becoming a deputy sheriff in the first novel, Constance Kopp finds she is suddenly stripped of her official deputy position, supposedly temporarily. While she awaits the restoration of her former position, she was assigned the position as Woman's Matron at the jail. In addition to her job, the Sheriff needs Matron Kopp to speak German and be able to converse with the male prisoner who speaks only German. Sheriff Heath needs Kopp to translate German and secure needed information from the prisoner.

After an electric storm, Constance is asked to guard this prisoner. She grabs the wrong door and her German-speaking prisoner escapes. In the face of the trouble she has caused, she is sent home. Readers will wonder what will happen to the job she so badly needs and whether or not the German runaway will be caught.

Ardelle Brown will lead the discussion for the Monday, March 12, CV3D meeting. All Cedar Valley residents are welcomed to come and join in the discussion. Visitors need not have read the Kopp novel.

Cedar Falls American Association of University, sponsor of CV3D, values and seeks a diverse membership. They advance equity for women and girls through advocacy, education, philanthropy and research.

For further information contact  
[drjudy.beckman@cfu.net](mailto:drjudy.beckman@cfu.net) or 319-939-4073.  
Mary Dove Dr. Judy Beckman Co-chairs

**Community Action Projects**  
continued information ..... page four

## Promoting Global Awareness Great Decisions Study Groups



### International Studies

International Studies groups to discuss China's Foreign Policy. Both of our Great Decisions study groups will be discussing China's economic, military and diplomatic capacities. After watching a 30 minute DVD on this topic we will discuss... What are its current geopolitical goals? And how is our current leadership adapting? Join us as we discuss today's critical global issues.

As members you have two opportunities ...  
Monday, March 19 at 1:15 pm  
in the library,  
at First Presbyterian Church  
at 9th and Main, Cedar Falls  
Tuesday, March 20 at 7:00 pm,  
in the small conference room  
at the Cedar Falls Library.

One briefing book is available.  
Call Gloria Tollefson 266-4075

*Gloria Tollefson, project chair*



### Bundles of Joy Community Action Project

Our 84th baby is on the way. This baby is a premie boy to be born this month to a mother who reports to the Women's Center for Change. In addition to the Women's Center, we also continue to serve the refugees from Burma with infant layettes/baby bags. We are currently in need of a volunteer(s) to attend one Operation Threshold Nest meeting a month to sign up pregnant women to receive infant layettes/baby bags and to deliver the bags. The Nest program is a series of parent education classes for women who are pregnant and/or have preschool children.

The women from Burma meet on the first three Fridays of the month at 10 am at First United Methodist Church in the Church Row neighborhood of Waterloo. One of our AAUW members, Liberata Aung, is there as interpreter and assists with the process. Contact us if you're interested.

*Jane Close & Diane Davison, Co-chairs*



## Community Action Projects Co-Sponsored Programs and Contacts

Please remember our shoe-drive, and gather all usable, wearable shoes you no longer want. The fundraising committee will be standing by to help get them to Pat Higby's garage. If you have lots of shoes, or can't come to the meeting, you can arrange with Pat to take them directly to her garage (1902 W. 12th St.) at a time when it is convenient for you both.

There is no top limit on the number of shoes the company (Funds2Orgs.com) will buy, so we can gladly take all you can gather up... shoes for men, women or children... any size, any style, any color. Just ANY new or gently used shoes or boots.

The shoes we sell will generate a nice amount of cash for our scholarship funds, help impoverished people in third world countries support their families, painlessly get rid of shoes we no longer wear, and recycle enormous amounts of very-slow-to-decay materials that would otherwise go into our own landfill.



### AAUW Transition Scholarship 2018

The Transition Scholarship Committee is taking applications for this year's award. Our AAUW branch offers a scholarship of up to \$1,000 to a female student currently attending Hawkeye Community College. Applicants should be nontraditional students - women 23 or older - who plan to transfer at least 30 credit hours to the University of Northern Iowa for the fall 2018 semester. Preference may be given to students majoring in nontraditional fields of study, students who demonstrate financial need, and students whose home residence is in Benton, Black Hawk, Bremer, Buchanan, Butler, Fayette, Grundy, or Tama County.

The deadline for submitting applications (and supporting documents) is March 16, 2018; there is still time to contact anyone that you think should apply. Application information may be found on the Hawkeye Community College web site at

<https://www.hawkeyecollege.edu/financial-aid/types-of-aid/grants-scholarships/scholarships>

Karen Agee

### AAUW Cedar Falls Fund Raising



For questions or arrangements for help with transporting shoes, please call:

*Myrna Sandvik (230-9539), Pat Higby (266-4934), or Sandy Lawry (415-7912)*

### Waterloo Women's Center

**!! Save the Date !!**

Our Spring clothing drive for the Women's Center For Change has been moved to June 25th. Amy Jones, the director, let us know they had a huge donation from a consignment shop. They will not need any clothing until summer. Hopefully we can help them then. Thanks so much!

*Bonnie Smith, Sherrie Dreyer & Jane Nelson*

### Expanding Your Horizons

#### International Friendship Program

*Pramod Sarin & Bonnie Smith*

#### Community Action Projects

Are you involved?



**Interest and Study Groups**  
as well as  
**Community Action Projects**  
**and Opportunities to Participate**

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**Women in Motion Board**

Be sure to check out the Women's History Month display area on the second floor of the library. We helped set it up under the direction of Judy Focht.

Join us for any or all of our upcoming events:

- March 21 - Lunch at Bryan's on 4th in Waterloo (located in the space previously occupied by CU's Restaurant). Contact closej@q.com for reservations.
- March 27, 4:30 pm - Clothing collection for the Women's Center for Change prior to the dinner meeting. We'll be collecting in the parking lot again.
- March 28, 4:30 pm - Happy Hour at Old Chicago to make plans for April and May. Come and bring ideas or just listen in.

If interested, contact Jane Close at closej@Q.com or Linda Morgan at linda47@cfu.net to be added to the notification list.

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**Literature Group**

The Literature Group meets the second Monday of the month, in our members homes.

New members are always welcome. If you would like to visit or receive a schedule, call Joan at 266-8575.



**Cedar Valley UNA** Maureen White

**Fourth Fridays with Friends**

Members meet at the College Square HyVee Coffee area at 10:30 am for great conversations. It is a great way to get acquainted and find out what is happening. Join us.

*Ardelle Brown*

**Reaching Out With Books**

Books and magazines were delivered to *House of Hope*, on March 1 and 2, for the women they serve through several programs.

Books and magazines can be dropped off at my house any time. There is a plastic bin marked with Reaching Out With Books, on my front porch.



In early December, I took the children's books that I collected to Operation Threshold.

The next collection will go to the Women's Center for Change.

*Amy Hoyer*  
amyhoyer@cfu.net

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**Bridge For Education**

- > Wednesday, March 21  
>> Pat Higby, hostess
- > Tuesday, March 27  
>> JoAnn DeVries



Playing begins at Willowood / Western Home Communities dining room. 12:30 pm  
1100 Grove Street CF

If you have not played before, Call Ardelle for more information 266-6882

*Ardelle Brown and Claudia Kaestner, contacts*

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**Cedar Falls AAUW Newsletter**  
Sheryl Bewyer, editor  
266-6614 sbewyer@cfu.net

