#### January 27, 2018 Cedar Falls, Iowa Vol. 76 No. 44

## Saturday, January 27, 2018 Cedar Falls Woman's Club



#### Menu:

Brunch: Veggie Quiche Fruit Cup, Muffin, Juice Coffee or Tea \$13



#### Reservations:

Mary Ellen Beckman 269-1893 AAUW.CFW.RSVP@gmail.com due by January 19, 2018



#### Mission:

AAUW Cedar Falls-Waterloo Branch advances equity for women and girls through advocacy, education, philanthropy and research.

#### Vision:

AAUW Cedar Falls-Waterloo Branch will be recognized as a leader in the community in advocating for women and girls.

#### **Diversity Statement:**

In principle and in practice, the AAUW, Cedar Falls-Waterloo Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

#### Board of Directors:

President Maureen White President-elect Pat Higby Communications Director Arleen Cook Co-Vice Presidents Program Judy Beckman and Ardelle Brown Co-Vice Presidents Membership Linda Morgan and Gayle Wood Vice President Fundraising Myrna Sandvik Secretary Nancy Hasenwinkel Treasurer Jodi Bergmann Public Policy Lauri Young

# Micro - Aggressions: Dealing with Racist and Other Unwanted Comments

Gather 10:00 am Brunch 10:15 am Speakers 10:40 am

Dr. Victoria DeFancisco and Karen Mitchell, Professors of Communication Studies, both at University of Northern Iowa, will be the speakers at our AAUW meeting on Saturday, January 27, at the Cedar Falls Woman's Club, Third and Clay Streets.

"Micro-aggressions," is a powerful educational concept used to help make visible the every-day, often subtle, unintentional aggressions people of color and other marginalized groups experience which together create an unwelcome climate of oppression. The facilitator will offer examples, research on the effects of micro aggressions, as well as role-play strategies for effectively addressing them, which are relevant to classrooms, board rooms, churches and other public life.

AAUW Cedar Falls-Waterloo advances equity for women and girls through advocacy, education, philanthropy and research. The monthly meetings and speakers are a continuing tradition of empowering women.

The brunch meeting time frame is as such: Gathering: 10 am
Brunch: 10:15 am Speakers: 10:40 am The January brunch includes
Veggie Quiche, Fruit Cup, Muffin, Juice, and Coffee or Tea \$13
Reservations for this event are due Friday, January 19,
and should be made at <a href="mailto:AAUW.CFW.RSVP@gmail.com">AAUW.CFW.RSVP@gmail.com</a>
or call Mary Ellen Beckman 269-1893.
Cancellations must be made by January 19 or the \$13 charge will apply.

\*Visitors are welcome and anyone may attend and listen to speaker. Reservations are not required for attendance only.

## Traditional January WHITE ELEPHANT Auction

If a few of your Christmas gifts turned out to be "lemons," turn them into "lemonade." You can donate them to the **AAUW White Elephant Auction** at the **January 27 brunch**. Wrap the item in seasonal paper (or just a brown paper bag). Write a clue on the outside of the package, or bag, that gives a hint of what might be inside. Put a low starting bid on the bidding sheet and watch the fun begin.

Plan to be rid of your unwanted item and replace it with a treasure that someone else did not wish to keep. All proceeds go to support our Textbook Scholarships, which help foreign students who cannot afford their textbooks. Join the fun! You might win BIG! Fundraising Committee

#### New Year-New Name

Did you notice the name on this newsletter? As we enter a new year, our branch is now known as AAUW Cedar Falls-Waterloo. You'll recall that after AAUW Waterloo disbanded, our members voted in September to amend our Bylaws to change our name. We submitted a request to AAUW to change the name of our branch and were notified in December that our name change request was approved by the AAUW Board of Directors. The final steps in that process are almost done, so we are beginning to use the new name. Our Bylaws and AAUW Affiliate Agreement are updated. Other materials, such as our member Yearbook, will have the new name on them when printed for the next membership year. We appreciate our members who formerly belonged to AAUW Waterloo and look forward to welcoming new members from Waterloo, other communities in our area, and of course Cedar Falls.

#### Leading Women

No, we're not talking about female movie stars, but rather AAUW women leaders.

We elect officers at our April annual member meeting. Offices may be held by a single person or by coofficers. The vice president for program and secretary are elected in even numbered years and serve a two-year term, so we need nominees for those positions. Pat Higby is currently president-elect and will be on the ballot as nominee for a one-year term as president. We will need someone to be president-elect next year and president the following year. Officers have specific responsibilities related to their respective positions, but all serve on the board of directors and are expected to attend board meetings. In order to facilitate a smooth transition, those leaving their position provide information and suggestions to the persons taking their place on the board.



We are lucky to have so many talented members who are excellent leaders. Please consider whether you can contribute your time and skills toward leading our branch forward.

#### **AAUW Member Honored**

AAUW Cedar Falls-Waterloo member Pam Hays and her husband Al Hays received the Cedar Valley United Nations Association (CVUNA) Human Rights Award at the December 9 recognition of International Human Rights Day. They were honored for their work in the areas of human rights, civil rights, and women's rights.

Pam is a retired director of the YWCA where she worked to develop anti-racism training and provided leadership in welcoming new Latina residents, including activities empowering middle school girls and teen parents.

Pam, along with others, established the Family and Children's Council, which focuses on child abuse prevention. She is active in criminal justice reform through the Iowa Jus-



tice Action Network (IJAN) and through working with individuals in COSA (Circle of Support and Accountability). Pam has served as Public Policy Director for our branch. Congratulations Pam and Al.

## Membership

We are planning an informal gathering with newer branch members before our Saturday brunch on January 27th. Those members included in our "newer" list will be contacted both by snail mail and by e-mail; we plan to meet about 9:15 am at the Woman's Club, right before our program and brunch at 10 am that Saturday.

The membership team has been looking into the Membership Payment Program (MPP) offered by the National AAUW organization. This program will provide members with the option of paying membership dues online with either a debit or credit card instead of a personal check. Members will, of course, still be able to pay with a personal check if they prefer. Cedar Falls-Waterloo branch will begin the process of opting into the MPP in the next few weeks. Stay tuned for more information!

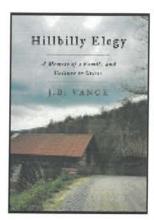


Linda Morgan & Gayle Wood Co-Vice Presidents Membership

## **Community Action**

#### Cedar Valley Discuss & Discover Diversity Reading & Sharing

Discover Discuss Diversity will meet on Monday, January 8, at the Cedar Falls Public Library in the large meeting room from 4:30 to 6 pm. CV3D welcomes all Cedar Valley residents to join the discussion or listen to it even if they have not read it. This diversity discussion group is sponsored by the Cedar Falls Woman's Club.



This month's discussion is A Memoir of a Family and Culture in Crisis written by J. D. Vance. This true memoir offers an accurate and individual record of a culture of redneck hillbillies, who have been on the decrease for as 40 years. This is a story about how it feels when your social classes break down. One of the few students coming from a drug addicted mother with five husbands has no time for Vance, but his grandparents urge him to study and as a result, he completes college and enters Yale with a law degree.

CV3D welcomes all regular members and visitors to investigate the cultural demise and one man who leaves the diminishing culture to succeed in escaping and succeeding in a professional world. The exciting memoir discussion will led by Gloria Tollefson.

For further information contact driudy.beckman@cfu.net or 319-939-4073.

Mary Dove Dr. Judy Beckman

Co-chairs

## 2018 Legislative Public Forums

Friday January 26, 2018 Mental Health 4:30-6:30 Seminar A, B, C

Saturday February 10, 2018 Education 10:00-12:00 Seminar A, B, C

Friday February 23, 2018 Public Employees (this includes IPERS, bargaining, etc.) 4:30-6:30 Seminar A. B. C

Saturday March 10, 2018 Human Services 10:00-12:00 Seminar A, B, C

Friday March 23, 2018 The Environment 4:30-6:30 Seminar A, B, C

All forums are at Central Rivers AEA, 7031-7123 Hudson Rd. Cedar Falls, IA .. the old Pipac building).

Lauri Young Public Policy

# Promoting Global Awareness Great Decisions Study Groups

Gloria Tollefson, project chair

We will resume using new topics provided with the Foreign Policy Association's 2018 program. Our January topic will be *The Waning of Pax Americana*. After watching a 26 minute DVD, discussion will focus on our current leadership in the world. Will our new policy of isolationism and "no longer taking care of the world" make America great again?

Two opportunities for members to join us: > January 15, 1:15 pm in the library at the First Presbyterian Church on Main Street.

> January 16, 7 - 8:30 pm in the conference room at the Cedar Falls Public Library.

Kay Thrall and Gloria Tollefson, chairs



#### International Studies

AAUW afternoon International Studies will meet January 15th, at 1:15 pm at First Presbyterian Church in Cedar Falls. The topic is *The Waning of* Pax Americana. Everyone is welcome. Kay Thrall

## Bundles of Joy Community Action Project

We have a "Bundle" of good news to share with members. Our 80th baby is on the way, our supply of most baby items is substantial, and we recently received a large donation of children's books that we just couldn't pass up! We will use this new windfall to begin including several books for older children in our baby bags. We may even change the name of this project to *Books for Babies* or something of that sort.

There are several ways for members to continue to support this project:

\* fleece fabric, 7/8 yd makes one sleep sack

\* 20-22" vinyl zippers, any color, neckline

opening for sleep sacks

- \* bags to use to deliver baby items, at least 14" x 14" or larger, almost anything you may already have except those advertising other organizations or businesses
- \* volunteers to sew burp cloths, sleep sacks and changing pads
- \* members to deliver baby bags Thank you for your continued support.

Jane Close & Diane Davison, Co-chairs

Community Action Projects continued information ....... page four

## Community Action Projects Co-Sponsored Programs and Contacts

#### **AAUW Cedar Falls Fund Raising**

Pat Higby and Sandy Lawry write contribution checks for the "Be An Angel" Scholarship Fundraiser Kick-Off at the November AAUW Dinner Meeting, as Myrna Sandvik looks on. This Fundraiser benefits our Local Scholarships Fund. Besides the satisfaction of helping a worthy student, people who donate to these funds can receive a Thank-You Gift of an Angel pendant, or a pair of Angel earrings.

It is not too late to make a contribution and receive your Thank-You Angel. This offer lasts through the month of January. We will again be accepting contributions at the January AAUW Brunch. If you wish to donate and will not be at the meeting, please either write a check to AAUW Cedar Falls (if you do not need the tax deduction), or to the Cedar Falls Community Foundation (if you would like it to be tax-deductible). Be sure to write AAUW Scholarships on the memo line of the check. More specific instructions on page 10 of your AAUW Program Book.

You can also get an Angel Thank-You for contributing to the National Association Scholarship Funds. See page 40 of your program book. Just let Pat Higby or Myrna Sandvik know how much you gave, and to which fund you give, to receive the Angel.

A BIG "Thank-You" to all the generous Angels who have already given, and also to those who still plan to contribute. So far, we have \$755.00 to give to deserving local students.

Myrna Sandvik 319-474-2721 Pat Higby 319-266-4934



## **AAUW Transition Scholarship 2018**

Our AAUW branch offers a scholarship of up to \$1000 to a female student currently attending Hawkeye Community College. Applicants should be women 23 or older who plan to transfer at least 30 credit hours by the end of spring 2018 to the University of Northern Iowa for the fall 2018 semester. The deadline for applications is March 16, 2018. Application information may be found on the Hawkeye Community College website at <a href="https://www.hawkeyecollege.edu/financial-aid/types-of-">https://www.hawkeyecollege.edu/financial-aid/types-of-</a>

https://www.hawkeyecollege.edu/financial-aid/types-of-aid/grants-scholarships/scholarships

Nancy Henderson, Dean of Students, will make sure that information about the scholarship offer gets to the students in the Women-to-Women Career Mentoring Program and to the deans, faculty and student services staff early in the spring semester.

Two recipients were named to receive the 2017 scholarship. Isabel Villa, junior, and Crystal Sun Mee Spencer, sophomore, will receive the second \$500 of their scholarships when UNI's spring 2018 semester begins.

Karen Agee



Pat Higby in red jacket and Myrna Sandvik standing and Sandy Lawry writing a check for donation.

#### Waterloo Women's Center

Bonnie Smith, Sherrie Dreyer & Jane Nelson

## International Friendship Program

Pramod Sarin & Bonnie Smith

## **Expanding Your Horizons**

## Yearbook Correction -

on page 13, change the dates of the Garage Sale to May 4 & 5

Community Action Projects
Are you involved?

## **Interest and Study Groups**

as well as

## **Community Action Projects** and Opportunities to Participate

#### Women in Motion

activities

WIM met for Happy Hour in November to socialize and to make group plans for December and January.

In December, several members attended *International Human Rights Day Recognition* when Pam and Al Hays were honored for their work in the areas of human rights, civil rights and women's rights.

Also in December, we visited with other AAUW members who may be either homebound or just don't get out often.

In January, we will gather for lunch or dinner (optional) and a *Tuesday* \$5 *Movie at College Square*, to be scheduled as movie dates/times become available. Movies such as *Darkest Hour* or *The Post* may be coming in January.

If interested, contact Jane Close at closej@Q.com or Linda Morgan at linda47@cfu.net to be added to the notification list.



#### Literature Group

The Literature Group meets the second Monday of the month, in our members homes.

The literature group will meet January 8th, at the home of Mimi Zischke 414 Seerley Blvd. in Cedar Falls. Pat Higby will present a book review.

All are welcome.

jbunkofske@cfu.net

Eunice Bunkofske

New members are always welcome. If you would like to visit or receive a schedule, call Joan at 266-8575.



Cedar Valley UNA Maureen White

#### Fourth Fridays with Friends

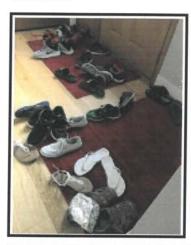
Members gather at 10 am at College Square HyVee, in the open area, just inside the main doors.

We will have a lively conversation with a small group of friends for about an hour on January 26. No reservation, no topic, just come with a smile and be ready to listen or add your thoughts.

If the weather is bad, don't come. You do need groceries, so do that after chatting together. Come and meet a new friend.

Ardelle Brown

#### SHOES



AAUW Cedar Falls-Waterloo wants LOTS of SHOES!

Save all the wearable shoes you find around your house, any size, any style, including children's shoes, and boots.

We will explain our exciting use for them in February.

Myrna Sandvik

#### Reaching Out With Books

Amy Hoyer amyhoyer@cfu.net

## **Bridge For Education**

- > Wednesday, January 17
  - >> Ellie Thompkins, hostess
- > Tuesday, January 23
  - >> Hostesses to volunteer



Playing begins at Willowwood / Western Home Communities dining room. 12:30 pm

1100 Grove Street CF

If you have not played before, Call Ardelle for more information 266-6882

Ardelle Brown and Claudia Kaestner, contacts

Cedar Falls AAUW Newsletter

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