October 2017 Cedar Falls, Iowa Vol. 76 No. 2

Monday, October 23, 2017 Cedar Falls Woman's Club



Gather 5:00 pm

Program Speakers 5:30 pm

AAUW Meeting / Dinner 6:15 pm

Menu:

Ham Balls and Carrots Pumpkin Bar also option Chef Salad



Reservations:

Mary Ellen Beckman 269-1893 pal.m@cfu.net due by Wednesday October 18, 2017



Mission:

AAUW Cedar Falls Branch advances equity for women and girls through advocacy, education, philanthropy and research.

Vision:

AAUW Cedar Falls Branch will be recognized as a leader in the community in advocating for women and girls.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls Branch, values and seeks diversity.

There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

President Maureen White President-elect Pat Higby Communications Director Arleen Cook Co-Vice Presidents Program Judy Beckman and Ardelle Brown Co-Vice Presidents Membership Linda Morgan and Gayle Wood Vice President Fundraising Myrna Sandvik Nancy Hasenwinkel Secretary Jodi Bergmann Treasurer Public Policy Lauri Young

Expanding Inclusion on Campus

Speaker: Rhonda McRina
Director of Diversity and Inclusion
Hawkeye Community College

The mission of Hawkeye Community College is a globally informed community of successful lifelong learners. As Director of Diversity and Inclusion, my job is to provide meaningful educational experiences and connections, purposeful programming, and targeted training which allows HCC students, faculty, and staff opportunities to develop intercultural skills and maturity. By doing so, we create an inclusive environment that fosters respect for, appreciation of, connection to, and engagement with HCC's diversity in all of its dimensions!

Rhonda McRina, Director of Diversity and Inclusion Hawkeye Community College

Visitors are welcome. Anyone may listen to the program speaker and not be required to stay for the meal. Reservations due **Wednesday**, October 18. If you plan to eat with us, you **must** make a reservation by contacting Mary Ellen Beckman, AAUW.CFW.RSVP@gmail.com or 269-1893.

Cost is \$13. Cancellations must be made by Wednesday, the 18th, or the \$13 charge must be paid.



Officers CF AAUW

> 2017 - 2018

front row: L-R President-Elect, Pat Higby; President, Maureen White; Myrna Sandvik, Vice-President for Fundraising. back row: L-R Jodi Bergmann, Treasurer; Lauri Young, Public Policy

Director; Linda Morgan and Gayle Wood, Co-Vice Presidents for Membership; Ardelle Brown, Co-Vice President for Program; Arleen Cook, Communications Director. other officers not in photo: Nancy Hasenwinkel, Secretary; Judy Beckman, Co-Vice President for Program.

Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing

The Scalpel and the Silver Bear: The First Navajo Woman Surgeon Combines Western Medicine and the Traditional Healing

by Colson Whitehead

Kathryn Rogers will lead the discussion at this informative which is an introduction to Nsvsjo healing principles. This short book offers intriguing ideas about about humane health care. While it is unlikely that

many physicians will embrace the sacred bearspirit which is a source of strength and courage for the author, Dt. Lori Arviso Alvord, her message about how to improve the patient's peace of mind is utterly credible.

All residents of the Cedar Valley are invited and welcomed to join the presentation and discussion on Monday, October 9 at the Cedar Falls Public Library. The meeting and discussion begin at 4:30 and end at 6:00. Some participants need to leave early for other meetings and should feel free to go to make these commitments without embarrassment. No requirement is necessary to join the discussion and should feel free to invite friends to Kathryn Rogers presentation and discussion.

Mary Dove & Judy Beckman

Co-chairs for CV3D

THE SCALPEL

SILVER BEAR

The First Nava o

Woman Surgeon Compines

Western Medicine

and raditional Healing

HOLLANDO PRODUCED.

Promoting Global Awareness Great Decisions Study Groups

Gloria Tollefson, project chair



The Global Awareness evening discussion group will meet on Tuesday evening, October 17, from 7 - 8:30 pm In the Cedar Falls Public Library conference room. Our topic this month is **Prospects for Afghanistan and Pakistan.** We will watch a 30 minute DVD and then discuss.

Since we have been involved there since 9/11 ... should we maintain status quo, drawdown or withdraw completely? Does the U.S. face a no win situation?

Join us as we discuss today's most critical global issues and bring another interested person.

Gloria Tollefson, chair

International Studies

International Studies afternoon group will meet October 16th at the First Presbyterian Church on Main in Cedar Falls at 1:15 pm. We will be discussing Prospects for Afghanistan and Pakistan after watching a 30 minute video. Kay Thrall



Bundles of Joy Community Action Project

Marion Svendsen November 21, 1916 -September 23, 2017



In Memory ... former active AAUW members

Mary Haskell-Hansen November 15, 1925 -September 5, 2017







Jane Close & Diane Davison, Co-chairs

Textbooks for Refugees



Karen Agee & Alicia Soppe

Community Action Projects continued information page four

Presidents Report Maureen White

AAUW Cedar Falls Philanthropy Calendar 2017-18

Philanthropy is one way that AAUW opens doors for women and girls. Our branch programming and activities are mission-driven, so in addition to advocacy, education, and research, we have an emphasis on giving. Not many of us can give large dollar amounts (nor are we required to), so in addition to money, we plan opportunities for members to give of our time, our talents, or our possessions, however we are able.

To help you plan your giving, we've developed a calendar so that you can set aside items you may wish to do-

nate at a later time.

CV3D sells used books at each dinner meeting. You can bring books to sell when you come for the meeting.

In addition to the October and February collection times, Reaching Out With Books donations can be left in the box on the front porch of 510 Tremont.

Bundles of Joy is always looking for those willing to cut and/or sew items for the layettes.

Donations to our Transition Scholarship fund at the Cedar Falls Community Foundation (see page 10 of the Yearbook) can be made any time. This fund was set up for any members who want to make a tax-deductible donation. Our branch is a 501(c)(4) organization, so donations directly to the branch are not tax-deductible.

Membership

At the September dinner meeting, Karen Potter rejoined our branch; we now have 112 members on our branch roster. Our five new members are: Betsy Brant, Carol Hundley, Jennifer Logan-Lorenz, Eloise Nelson, and Karen Potter. Five longtime AAUW members from the Waterloo branch have also joined our Cedar Falls branch: Shelia Bullock, Louise Conklin, Beebs Downing, Margery Herrick, and Joyce Kohn.

Please make all of our new members welcome ... we know you will!

> Linda Morgan & Gayle Wood Co-Vice Presidents Membership

September .. Clothing drive for Clothing for Change Community Action Project

.. Layette items or cash donation for Bundles of Joy Community Action Project

October .. Reaching Out With Books Community Action Project & NEST donations

November .. Transition Scholarship and/or AAUW Fund(s) donation promotion

January ... White elephant sale or raffle to raise money for scholarships

.. Layette items or cash donation for Bundles of Joy Community Action Project (if needed)

February .. Reaching Out With Books Community Action Project

March .. TBD

April .. Clothing drive for Clothing for Change Community Action Project

May .. Garage/plant sale fundraiser for scholarships – May 4 & 5

Mark Your Calendars, Attend and VOTE

Election Day for local city councils is Tuesday, November 7. This is another opportunity for us to make our voices heard as we participate in electing council members who make important decisions for our city. Be informed, attend the Candidate Forum for Cedar Falls on Tuesday, October 10, from 7-9, pm, in the Cedar Falls City Council Chambers and in Waterloo, October 26, from 7-9 pm again in the City Council chambers. There is no better way to learn the positions, attitudes and goals of the candidates. Come with some prepared questions. One major focus of the 2017 AAUW's public policy is education, which will be a significant local and state wide issue this year.

Candidate refresher: Cedar Falls: For mayor: Jim Brown vs Jim Skaine and for City Council-Ward 1: Mark Miller unopposed, Ward 5: Frank Darrah unopposed, Ward 3: Jon Runchey vs. Daryl Kruse, At Large: Robb Green, Erin Cornelius and Lee Ann Saul. Waterloo: For mayor: Quentin Hard unopposed and for City Council-At Large: Sharon Juon vs Tom Lind, Ward 1: Margaret Klein vs Tom Powers, Ward 3: April Leadley vs. Pattrick Morrissey, Ward 5: Cody Leistikow, and Chris Shimp.

Graham-Cassidy, the health care bill, is off the table for now, but the discussion of the potential roll of Health Care for All also known as Medicare for All or a Public Option continues to be frequently in the news. Come and learn about this approach to health care on Wednesday, October 18 at 6:30 pm at the Waterloo Center for the Arts, 225 Commercial St. Waterloo. Healthcare expert Michael Lighty from National Nurses United is coming to Iowa to present this teach in.

Lauri Young Public Policy**

Community Action Projects Co-Sponsored Programs and Contacts

AAUW Cedar Falls Fund Raising Garage Sale for Scholarships!

We shout "Thanks!" to all who contributed to such a successful AAUW Garage Sale last spring. It is such a great feeling to have TWO fully funded transitional scholarships from ONE fantastic garage sale.

But, fall is now here and it is time to think about NEXT spring's Garage Sale. As you are cleaning out those overflowing junk drawers and reorganizing the routines for the coming winter activities, please save back the "gently used" items you no longer need and bring them to the sale being held on Friday and Saturday, May 4 and 5, 2018. Remember, we cannot accept clothing, nor TV's, but we would love to sell almost anything else.

There will be more details later, but please do think about our sale before you toss out those things that someone else could "discover and buy" at our sale. We need lots of sellable items to help fund the scholarships we give away each year, in support of needy students in our own community.

Also, remember these students, as you are putting your garden to bed this fall. A large percentage of our profits comes from people who thin the perennials in their gardens, pot up the plants they no longer need, and bring them to our sale. If you won't be able to keep all the plants over winter, there is probably a second chance to dig some of them in the spring.

If everyone can find a little bit to donate, the results will be wonderful! Just remember how well it worked last time! And, the time before that! And . . . ! Myrna Sandvik Fundraising Chair

Branch Name -

All of you should have received notification that the members present and voting on Monday, September 25 passed the bylaws amendment to change the name of our branch to AAUW Cedar Falls-Waterloo. We'll let you know when that process is completed. In the meantime, we'll continue to be named AAUW Cedar Falls.

Waterloo Women's Center

OCTOBER 24th

is the date for our clothing drive for the Waterloo Women's Center

Please contact one of the committee members if you plan to donate items.

If you can bring them yourself at 9:30 that morning that would be great.

Also, we can still use help in setting up the room.

Thank you so much!

Bonnie Smith, Sherrie Dreyer and Jane Nelson

International Friendship Program

Pramod Sarin and Bonnie Smith

Community Action Projects Are you involved?

Expanding Your Horizons

Over a hundred middle school girls will be at an Expanding Your Horizons on the UNI campus on Saturday, November 11, They will be able to do hands-on activities in science, technology, engineering, and math (STEM). At the conference, girls will get a chance to meet STEM role models and learn more about <u>careers</u> in those fields.

Our ultimate goal is to motivate girls to become innovative and creative thinkers ready to meet 21st Century challenges. Registration fee is \$10 for the attendees.

More information is available at http://www.expandingyourhorizons.org/conferences/CedarValleyIowa/

Volunteers are needed to help with registration from 8:30 to 9:30 and to lead groups between sessions from 9:30 to 2:30. Contact Pat Higby or Marcy Seavey if you would like to help!

Yearbook Correction -

on page 13, change the dates of the garage sale to May 4 & 5

Interest and Study Groups

as well as

Community Action Projects and Opportunities to Participate

Women in Motion

activities

Women in Motion (WIM) provides opportunities for social interaction among members through service projects and educational and social events. All members are always invited to attend events planned by WIM. September 12, nine members met at Happy Hour at Old Chicago and planned the following events for September and October.

> September 29 we gathered with family and friends to cheer for the UNI Women's volleyball team.

>> October 21, from 10 am to noon, we will work at the Cedar Valley Arboretum to "Put the Gardens to Bed." If interested, meet at the arboretum welcome center at 10 am, ready to work. Contact Pam Hays if you have questions.

>>> October 24 and 30 we will help with the Women's Center for Change Community Action Project clothing drive, setting up and then removing the clothing at the WCC.

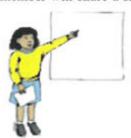
Join us whenever you can.

Jane Close and Linda Morgan.

Literature Group

The Literature Group meets the second Monday of the month, in our members homes.

The September meeting was at Pat Higby's home and Liz Poole presented a book review. The October meeting will be at Joan Bunkofske's home. Each member will share a short review of a favorite book.



New members are always welcome. If you would like to visit or receive a schedule,

call Joan at 266-8575.



Cedar Valley UNA Maureen White

Reaching Out With Books

We will be collecting books at the October meeting for Reaching out with Books. New children's books, especially thick page board books, are needed for the Operation Threshold NEST program. Monetary donations will also be accepted. Easy to read novels and magazines are also needed for the Womens Center for Change and House of Hope. Books or monetary donations can also be dropped off anytime in the book box on my front porch at 510 Tremont St. Thank you for your thoughtful and generous donations.

Amy Hoyer amyhoyer@cfu.net

Fourth Fridays with Friends

We will be meeting again on Friday, October 27. Members will meet at College Square HyVee coffee area at 10:30 am and have some great conversation time, covering a variety of topics. There were eight ladies last month and we always learn about a new book to read and get to know other women in AAUW.

Ardelle Brown



Book Sale

Books for sale will be available at our next AAUW dinner meeting on October 23. Plan to come and see some great books and purchase for an awesome price, to help AAUW.

Bridge For Education

- > Wednesday, October 18
 - >> Pat Higby will be calling.
- > Tuesday, October 24
 - >> Mary Franken will be calling.

Playing begins at Willowwood / Western Home Communities dining room. 12:30 pm 1100 Grove Street CF

1100 Glove Street CI

Ardelle Brown and Claudia Kaestner, contacts

Cedar Falls AAUW Newsletter

Sheryl Bewyer, editor

266-6614 sbewyer@cfu.net

