September 2017 Cedar Falls, Iowa Vol. 76 No. 1

Monday, September 25, 2017 Cedar Falls Woman's Club

Menu:

Vegetarian Lasagna Garlic Bread Salad of Mixed Greens Red Velvet Brownie also option Chef Salad



Gather 5:00 pm

Discussion of Name Change 5:15 pm

Program Speakers 5:30 pm

AAUW Meeting / Dinner 6:15 pm

Reservations:

Mary Ellen Beckman 269-1893 pal.m@cfu.net due by Wednesday September 20, 2017



Mission:

AAUW Cedar Falls Branch advances equity for women and girls through advocacy, education, philanthropy and research.

Vision:

AAUW Cedar Falls Branch will be recognized as a leader in the community in advocating for women and girls.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls Branch, values and seeks diversity.

There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

President Maureen White President-elect Pat Higby Communications Director Arleeen Cook Co-Vice Presidents Program Judy Beckman and Ardelle Brown Co-Vice Presidents Membership Linda Morgan and Gayle Wood Vice President Fundraising Myrna Sandvik Secretary Nancy Hasenwinkel Jodi Bergmann Treasurer Public Policy Lauri Young

Supporting Refugees from Burma: 2012 - 2017

Speaker / Members:

Karen Agee, Jane Close & Alicia Soppe

AAUW - CF has had a supportive relationship with refugees from Burma since 2012, when only 800 - 900 resided in the Waterloo area. Our branch first got involved by tutoring English. Then we saw the need to supply layettes for newborns and support those young mothers so far from their first homes. Soon we added a program to provide fine cotton yarn to the traditional back strap weavers among these refugees and to purchase their finished goods. Last year our new Community Action Project defrayed half of the cost of college textbooks for one young Hawkeye Community College student.

Presenters will include Jane Close, Alicia Soppe, and Karen Agee, followed by general discussion of how the Cedar Falls Branch might continue to promote opportunities for women from Burma. Members who have worked with this community are invited to share your memories at the meeting.

Visitors are welcome. Anyone may listen to the program speaker and not be required to stay for the meal. Reservations due **Wednesday**, September 20. If you plan to eat with us, you **must** make a reservation by contacting Mary Ellen Beckman, 269-1893 or pal.m@cfu.net

Cost is \$13. Cancellations must be made by Wednesday, the 20th, or the \$13 charge must be paid.

Scholarship Presentation

Crystal Spencer and Isabel Villa receive AAUW - CF Scholarships.

> Karen Agee was the presenter.



Presidents Report Maureen White

Name Change Decision



For over 90 years our neighboring AAUW Waterloo branch opened doors for women and girls through its advocacy, programs, projects, and philanthropy. Unfortunately, in the last several years, despite efforts to recruit new members, their numbers dwindled to the point where they decided they could no longer remain a viable affiliate of AAUW. The branch disbanded in May.

The Waterloo and Cedar Falls boards considered the option of merging the two branches into one with an entirely new name, but neither favored that route. A less complicated procedure and one that would still preserve the name and legacy of both branches was to change the name of AAUW Cedar Falls. This requires a Bylaws change. The board recommends that, "AAUW Cedar Falls shall amend the Bylaws to change the name of the affiliate to AAUW Cedar Falls-Waterloo."

Our Bylaws require that changes to the Bylaws must be voted on by members at a meeting, so we can't do an electronic (email) vote or one through U.S. mail. Also, notice of the meeting must be given at least 10 days in advance in our newsletter. A 2/3 majority of those voting is required to pass a motion to change Bylaws.

Our board has set a membership vote for the September 25 dinner meeting in order to allow for participation of our "snow-birds". We will convene the meeting at 5:15 to provide time for discussion and voting prior to our speakers at 5:30. You may come for the bylaws vote and then leave if you wish. Or stay for the speaker. Dinner is optional, but it does require advance reservation.

If the name change is approved, the procedures we must follow are listed on the "AAUW Affiliate Name Change Approval Form" and have been discussed with AAUW Branch Relations staff, the AAUW Compliance Officer, and the AAUW Iowa bylaws director. IRS requirements have been researched as well.

Basically, members first vote on whether or not to change the name, and if approved, we then submit the form to AAUW. The AAUW Board of Directors must approve the name change. We then would sign and submit an affiliate agreement with the new name, provide AAUW with bylaws containing the new name, and notify the IRS of the name change. This process would take several months to complete. We would not change the name on any of our branch documents until all the steps are finished.

We welcome the former AAUW Waterloo members who have chosen to join our branch. Though we have always had residents of nearby communities join AAUW Cedar Falls, adding Waterloo to our name would broaden our visibility and outreach. Please plan to attend at 5:15 on Monday, September 25. We look forward to your comments and will answer questions to the best of our ability. Maureen White 2017-18 president

>>>> The AAUW Outlook magazine is now distributed in digital format only, unless a member asks that it still be sent in print form. This will be an option for a limited period of time. Every member who uses email should have received a message on August 31 with the digital Outlook.

Membership _

We had an excellent kick-off event on August 28th with 40 members and 8 guests attending. Six attendees from Waterloo and six from five other towns. Thanks to Sandy and Lauri who brought goodies for our membership team.

Five Waterloo Branch members have joined our branch: Sheila Bullock, Beebs Downing, Joyce Kohn, Louise Conklin, and Marge Herrick. Other new and returning members include Eloise Nelson, Waverly; Betsy Brant and Jennifer Logan - Lorenz, Cedar Falls. Another new member is Carol Hundley.

Thanks to all who helped set up and attended this excellent event for AAUW.

Linda Morgan & Gayle Wood Co-Vice Presidents Membership

Women in Motion Project Clothing Drive for Women's Center for Change

The Women's Center for Change is a 45 bed residential facility served by community-based corrections and is located in Waterloo. They are eager to have another clothing drive this fall. Donations may be brought to the September 25th meeting. We will have cars collecting items in the parking lot of the Woman's Club House before the meeting. The actual clothing drive date is in October. You may also contact the following for pickup:

>>> Bonnie Smith, Chair 319-269-852

Jane Nelson 319-230-7368

Sherrie Dreyer 319-231-3665

Priority items: Pants, blouses/tops, cardigan sweaters/lightweight jackets, winter coats, shoes, boots, tennis shoes, socks, scarves, hats, gloves, purses. Gently used bras and new underpants are also needed. Please make sure all items are clean and in good condition. All sizes are needed, especially large sizes. Please fold all items, rather than having them on hangers.

Additional items:

Books for women (age 18+), laundry baskets, hangers, hotel size lotions, shampoos, soaps, etc., coloring supplies, (crayons, markers, books, sketch pads), any alcohol free hygiene products, board games.

Any items not needed will be donated to charity or saved for later use at the center. Thank you for your help!!

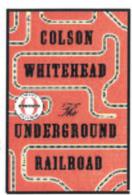
Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing

The Underground Railroad

by Colson Whitehead

Monday, September 11, the first fall meeting of Cedar Valley Discuss, Discover Diversity will be held at the Cedar Falls Public Library in the large meeting room on the second floor. All Cedar Valley residents are invited to join the discussion of **The**



Underground Railroad, by Colson Whitehead.

Cora is a slave on a cotton plantation in Georgia. Life for slaves is hell, but especially painful for Cora, an outcast even even among her fellow slaves. Cora will soon become a woman and become a potential breeder for anyone on the plantation.

Cora meets a new slave, Caesar, who tells her about an escape from the horrors of their life through the underground railroad. Cora objects at first, but the agony and cruelty of the plantation masters becomes unbearable and Cora agrees to leave with Caesar. They are taking a terrible risk and matters do not go as planned. Cora kills a young white boy who tries to capture her. They pursue their plan to go North, but they are now being hunted by even more men. Their life is now even more dangerous than it was before.

Cedar Valley residents are invited to join the discussion, even if they have not read the book.

The meeting begins at 4:30 and lasts until 6 pm. Rowena Hardinger will lead this month's discussion. This prize winning novel is a title that readers will not forget. CV3D is a Community Action Project that supports the mission, values, and strategic plan of the Cedar Falls branch of AAUW, an organization empowering women since 1881.

Judy Beckman and Mary Dove Co-chairs of CV3D

Phyllis Ver Ploeg died July 28. She was born 9-20-1941 and became the high school co-ed athletic director for 36 years in Cedar Falls High School.

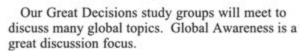


Community Action Projects continued information page four



Promoting Global Awareness Great Decisions Study Groups

Gloria Tollefson, project chair



Our meetings are held on the third Tuesday of the month. This month it will be September 19. We meet at 7 pm at the Cedar Falls Library in the larger meeting room. Please come join us.

Gloria Tollefson and Kay Thrall

Great Decisions Afternoon Group

Great Decisions will meet September 18, at 1:15 pm, at First Presbyterian Church in Cedar Falls. The subject will be Latin America's political pendulum, led by Ellie Tompkins, after watching a 20 minute video. Everyone welcome.

Kay Thrall



Bundles of Joy Community Action Project



The Bundles of Joy Community Action Project began in 2013 with gifts of infant supplies to Burmese refugee women at the time of birth of their newborns. The project has since expanded to serve Congolese immigrants from the Democratic Republic of Congo and women at the Waterloo Women's Center for Change. To date, sixty-six (66) women and infants have been served by Bundles of Joy.

Thanks to member and community donations, a typical bag includes gently used sleepers, onesies, socks, hats, bibs, blankets, spoons, infant tactile toys, stuffed toys, thick-page infant books and the items we make--changing pads with disposable diapers and baby wipes, sleep sacks, burp cloths and wash cloths. With winter coming, we are most in need of long sleeve infant sleepers, Also, wipes and people to sew burp cloths. Let us know if you can help.

Jane Close and Diane Davison, Co-chairs

In Memory ...

Joy Cole Corning was born September 7, 1932 and died on May 20, 2017. She served Iowans as Cedar Falls School Board President, State Senator, and Lt. Governor. She was also on many boards and foundations. Marlys Jean
McAninch died May
30. A 50 year
member. Family gave
a memorial to AAUW
- CF, \$477.50, to be
used for Textbooks
for Refuge fund.
Marlys was always
interested in
International studies.

Community Action Projects Co -Sponsored Programs and Contacts

AAUW Cedar Falls Fund Raising Garage Sale for Scholarships! And it WAS May 4 and 5, 2017

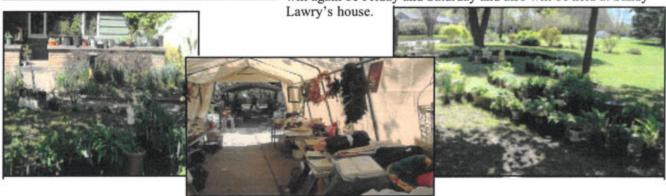




Yes, \$2,000 at the 2017 sale.

Thank you again.

FUTURE FUNDRAISING = Myrna Sandvik reported that the dates for the 2018 Plant and Garage Sale will be May 4-5. It will again be Friday and Saturday and also will be held at Sandy



International Friendship Program

The IFP committee met over the summer and in August, to get ready for fall of 2017 incoming international UNI students. Now we are matching students with families.

We had orientation on Sunday, August 27, 2017, for new students and the families. Attendance was very good. So far we have placed 19 students with 19 families. We have three students left to be placed.

We currently have 78 students and 44 families. Some of the families have 4 or 5 student each. Currently, we have students in the program from:

Malaysia, Bangladesh, Pakistan, N Korea, China, Kenya, Nepal, Indonesia, Ethiopia, Congo, Argentina, Oman, Saudi Arabia, Kazakhstan, Vietnam, Costa Rica, Ecuador, France, Australia, Kosovo, England, Spain, Azerbaijan, Tibet, Ghana.

We are always looking for more families, so please sign up for the program and have your friends and relatives join also. The application form is on the AAUW web site.

Pramod Sarin and Bonnie Smith

Community Action Projects Are you involved?

Expanding Your Horizons

Are you feeling blue? This will make you smile! If you are worried about the future, seeing middle school girls at an Expanding Your Horizons event is guaranteed to make you feel better. Over a hundred girls will be on the UNI campus on Saturday, November 11, to do handson activities in science, technology, engineering, and math (STEM). At the conference, girls will get a chance to meet STEM role models and learn more about careers in those fields. Our ultimate goal is to motivate girls to become innovative and creative thinkers ready to meet 21st Century challenges.

More information is available at http://www.expandingyourhorizons.org/conferences/CedarValleylowa/

Volunteers are needed to help with registration from 8:30 to 9:30 and to lead groups between sessions from 9:30 to 2:30. Contact Pat Higby or Marcy Seavey if you would like to help!

Interest and Study Groups

as well as

Community Action Projects and Opportunities to Participate

Women in Motion - AAUW activities

Happy Hour Planning Meeting

Write it down! Tuesday, September 12, 4:30-6 pm at Old Chicago. We'll be planning events for the next few months. Come and meet other members and help us decide which events to schedule. New ideas welcome, too.





August Women in Motion tour of the Cedar Valley Arboretum Front row: Karen Agee, Linda Morgan, Pam Hays, Gayle Wood Back row: Arlene Prather-O'Kane, Maureen White



Cedar Valley UNA

Maureen White

AAUW Cedar Falls cosponsors programs with the Cedar Valley United Nations Association (CVUNA). They are hosting a program at 7 pm, on Monday, September 18, at the Cedar Falls Public Library. Dr. Jim Young, a retired family physician, will address a goal of the United Nations member countries to "Ensure healthy lives and promote well-being for all at all ages" in his presentation of Health Care Financing From the Perspective of a Family Physician. While many countries provide health care for all their citizens, here in the U. S. we not only are debating whether we should do the same, but also how to pay for health care. Come share your ideas and questions. The program is free and open to the public.

Communications

I'm chair of the Communications Committee this year. If you are sending an article or other communication of the AAUW CF branch, please copy my email on to it so I can record it. If you'd like help sending something, I will try to help or find someone who can help you do that. Committee members in charge of specific areas of communication will be found in the 2017-2018 yearbook. Thanks!

Arleen Cook, Communications



Fourth Fridays with Friends

We will be meeting again on Friday, September 22. Members meet at College Square HyVee coffee area at 10:30 am and have a relaxed but lively conversations

covering a variety of topics. Talk in August included last minute planning for the Kick-off, moving, summer activities.

Come join in the conversation before you get your groceries or get your second cup of coffee with a group of AAUW friends.

Literature Group

The group enjoys sharing what they are currently reading or a suggestion for a "good Autumn time read." All AAUW members are welcome.

Reaching Out With Books

Kathy Kreig reported that she delivered 133 books to the Black Hawk County Jail women's unit and the Waterloo Center for Change.

Bridge For Education

Wednesday, September 20Tuesday, September 26



Playing begins at Willowwood / Western Home Communities dining room. 12:30 pm 1100 Grove Street CF

Someone will call to see if you can play on these days. If you want to be on the list of players, contact Ardelle or Claudia.

Ardelle Brown and Claudia Kaestner

Cedar Falls AAUW Newsletter

Sheryl Bewyer, editor

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