January 2017 Cedar Falls, Iowa Vol. 75 No. 4

Saturday, January 21, 2017 Cedar Falls Woman's Club

Menu: Saturday Brunch Veggie Quiche Fruit cup Muffin Juice, coffee or tea



Gather 10:00 am Brunch 10:15 am AAUW Program / Event 10:40 am



Mary Ellen Beckman 269-1893 pal.m@cfu.net 9 am Friday, January 13, 2017



Mission:

AAUW Cedar Falls Branch advances equity for women and girls through advocacy, education, philanthropy and research.

Vision:

AAUW Cedar Falls Branch will be recognized as a leader in the community in advocating for women and girls.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

Co-Presidents Joan Bunkofske and Arleen Cook President-elect Melba Widmer Vice Presidents for Program Ardelle Brown and Judy Beckman Vice Presidents Membership Liz Poole and Julie Rathmell Vice Presidents Fundraising Sandy Lawry and Nancy Hasenwinkel Secretary Helen Ackerman Treasurer Jodi Bergmann Public Policy Pam Hays Kate McElligatt Leadership Development Maureen White

Mentors Matter How to make a Difference!

Big Brothers, Big Sisters of Northeast Iowa

10 am Brunch Cedar Falls Woman's Club

January is National Mentoring Month. Katie Orlando, Executive Director, and her "little sister" Kiana will be telling the impact that Big Brothers, Big Sisters has on youth. They will share stories of youth in the program. They will talk about what "Littles and Bigs" do and why it works. There is always a need for mentors in the Cedar Valley.

BBBSNEast Iowa will serve over 530 youth in 2017 in Black Hawk, Bremer, Butler, Buchanan, Fayette and Floyd Counties. We are inviting Waverly and Waterloo AAUWs to join us at our meeting, and learn many new ideas and information about this program. We hope to see you at our event.



Visitors are welcome. Anyone may listen to the program speaker and not be required to stay for the meal. Reservations due Friday, January 13. If you plan to eat with us, you **must** make a reservation by contacting Mary Ellen Beckman, 269-1893 or <u>pal.m@cfu.net</u> Cost is \$12. Cancellations must be made by January 13, or the \$12 charge must be paid.

One of my favorite tasks at year's end is taking the old calendar from the refrigerator door and transferring birthdays, anniversaries and events to the new. I remember the occasions and people who mean so much to me. I look forward to beginning anew. Last year AAUW CF contributed \$500.00 to the national organization for Fellowship or Research, Public Policy, Leadership Programs, Eleanor Roosevelt Fund and General Support. Please visit aauw.org to discover how well we work to further the mission of AAUW National, as well as AAUW CF.



More than ever, AAUW advocacy for women and children is critical. One way that we can impact the seriousness of equity and treatment of our children is by delivering a **Title IX** tool kit assembled by AAUW National to area schools. If you are interested in advocacy and would like to join this committee, let me know by January 12. We thank you for your commitment and look forward to learning and working with you in 2017!

Membership

Welcome to AAUW

We recently welcomed two new members to our branch: JoAnn DeVries and Toni Wunder. We are always ready to welcome more, so let us know if you are aware of any prospective members.



We are also in search of more mentors. We hope to pair new members with current members, but we need more volunteers for this. Please let Julie or Liz know if you're interested in helping out in this way. It's important that new members feel welcome and have someone to go to with when they have questions, wonder about activities and even have ideas to share.

Liz Poole & Julie Rathmell Co-Vice Presidents Membership

Happy New Year, Arleen

Secretary Memo

- * AAUW Brunch at Woman's Club Saturday January 21 at 10 am
- ** AAUW State Convention is April 29 30, 2017, in Cedar Rapids.
- *** The Fundraising in November raised \$30 from the Open House event and \$373 from the silent auction towards Scholarships for Textbooks.

Helen Ackerman

Scholarship Given by Cedar Falls AAUW

Ashley was one of our 2016 scholarship winners. She is a junior at UNI, majoring in business. She is raising her three children alone. AAUW Sandy Lawry had a tree at one of the fall meetings, with some items of Ashley's children's needs/ wants on it. Members chose one to make come true. The members were very generous and she was given things for the children and some gift cards as back up for winter when heating bills etc. grow. She is in a trailer court off of Lincoln in Cedar Falls. Ashley is also a member of our affiliate. She has two jobs at UNI. She tells me her tuition's for next semester is covered and she has her books. What a brave woman. The children are delightful. Happy, intelligent and well behaved.

A Thank You from Ashley...

I would like to thank the members of AAUW for making this Christmas a memorable one. The kind gesture has given me assurance that I am on the correct path in life and in creating a future for my three children. Attending the University of Northern Iowa while raising these three has proven to be a difficult task but support we receive from AAUW reminds me that I have the strength to continue forward and grow into a successful woman. Once again we are so grateful. Thank you AAUW Cedar Falls.

Ashley and children

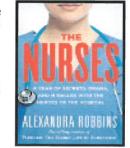
Jace, Conner, and Marielle Rasmussen



Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing

The Cedar Valley branch of the 2016-2017 *Discuss and Discover Diversity* book club, will meet on Monday, January 9, at the Cedar Falls Public Library, in the large second floor meeting room, from 4:30 - 6 pm



The January discussion will be *The Nurses: A Year of Secrets*,

Drama, and Miracles With The Heroes of The Hospital. This New York TIMES bestseller was written by Alexandra Robbins. The discussion will be led by a retired nurse, Claudia Kaestner.

The CV3D discussions are sponsored by the Cedar Falls branch of AAUW. and are held on the second Monday of each month. A guest facilitator adds her expertise in the area of the discussion. CV3D is one of AAUWs Community Actions that support the mission, values and strategic plans.

All Cedar Valley residents are invited to join the discussion even if they have not yet read the title. CV3D is sponsored by the Cedar Falls branch of AAUW.

Dr. Judy Beckman & Mary Dove

International Friendship Program

The IFP committee met in December 2016. The committee discussed plans for next year's Thanksgiving dinner. We have three new committee members this year: Amy Hoyer Fayeth Walton Mary Ver Steegt

Out going members are: Margie Kaiser and Carol Reese.

Genevieve Beecher has resigned from her position as Associate Director of ISSO and has moved to Seattle. We will be assigning new students in January 2017 for the spring semester.

Call Pramod Sarin 504 - 8396 or Bonnie Smith 266 - 2526 for information.

Community Action Projects continued information page four

Promoting Global Awareness

Great Decisions Study Groups



Our evening *Great Decisions* discussion group will begin the 2017 topics with "The Future of Europe". The European Union has helped secure peace for 70 years. Amid a refugee crisis, lingering financial recession and the threat of terrorism, unity seems more imperative than ever. But the Brexit vote underscores the complexities of integrating an extremely diverse continent. Discussion will focus on how Brexit will affect Europe and how U.S. Foreign policy might adapt.

Join us Tuesday evening, January 17, in the conference room at the Cedar Falls Public Library from 7 - 8:30 pm. We will begin with a 30 minute DVD on the topic with discussion to follow. (Our members are also welcome to join the afternoon group at the First Presbyterian Church library on Monday, January 16 at 1:15 pm.)

Gloria Tollefson, project chair

Great Decisions Afternoon Group

We will meet January 16th at 1:15 - 3 pm at the First Presbyterian Church, Cedar Falls. Topic is The Future of Europe. Gloria Tollefson will be the presenter.

Kay Thrall

Textbooks for Refugees Community Action Project



The Textbooks for Refugees
book scholarship has benefited Hsae
Meh, a full-time student at Hawkeye
Community College this past fall
semester. She was enrolled in five
courses (Intro to Psychology, Intro
to Ethics, Composition II, Intro to
Social Work, and Human Biology),
with textbook fees of over \$550.
Her spring semester courses will also
require plenty of reading: Western
Civilizations II, Intro to Cultural
Anthropology, American National
Government, East Asian Cultures,
and Minority Group Relations.

Hsae's goal is to earn her AA degree at Hawkeye and then transfer to UNI to major in social work. The textbook scholarship from AAUW - CF provided \$250 in the fall semester and another \$250 for the spring. Hsae says that she is very grateful for the assistance.

Alicia Soppe and Karen Agee, Chairs

Community Action Projects Co -Sponsored Programs and Contacts

Thank you to the support from all of you

AAUW Cedar Falls Fund Raising

- from bringing items to sell at the Silent Auction

- to buying items from the Silent Auction

The Books for Refugees project made \$373.00, with an additional \$30 donated at the Christmas open house! It was a busy and fun night with everyone bidding on the items in the three categories.

Thanks again to all of you.

Remember:

- when you are packing away Christmas decorations,

- or contemplating what to do with the white elephant items you received as presents - - -

Remember... that we will have our Annual Garage Sale in May. Instead of donating those decorations to Goodwill or some other place, bring them to the AAUW garage sale. The Scholarship Fund is supported by this annual garage and plant sale.

Watch the upcoming newsletters for more details.

Sandy Lawry & Nancy Hasenwinkel VPs Fundraising







Legislative Public Forums

co sponsored by Cedar Falls AAUW

Friday, January 27, 2017 4:30 - 6:30 pm Saturday, February 11, 2017 10 am - noon Friday, February 24, 2017 4:30 - 6:30 pm Saturday, March 11, 2017 10 am - noon Friday, March 24, 2017 4:30 - 6:30 pm

All Forums are held in Seminar A, B, and C areas in the main AEA 267 building, Cedar Heights Drive, Cedar Falls.

Pam Hays and Maureen Hughes

Cedar Valley UNA

Maureen White

Bylaws

Jane Close & Bonnie Smith. Bylaws & Policies Co-chairs

Expanding Your Horizons

For more information see the EYH website at www.eyhn.org or contact Pat Higby at patricia.higby@gmail.com

Community Action Projects Are you involved?

Women In Motion WIM

Home visits and/or phone contacts were made with seven of our AAUW members that we don't see very often. Some are housebound and no longer active, but had been very active in the past. Others were recovering from surgery or illness. These visits are a great opportunity for us to get make personal contact and get to know these members better.

Upcoming new events:

Tuesday, January 17, 7 pm, is the Snow Falling on Cedars, at the Hearst Center. Spouses and friends are welcome. The film is based on David Guterson's award-winning novel of the same title. Set in the 1950s after World War II, it centers on the trial of a Japanese American accused of murdering his neighbor at sea. At the time there were deep anti-Japanese sentiments from the War. Dinner prior to the film or coffee/dessert after are under discussion.

Tuesday, January 24, 4:30 pm, will be a Happy Hour planning session to discuss activities for February Black History Month, AAUW Lobby Day on February 22 and March Women's History Month. All members, plus spouses and friends are welcome. This planning time will be followed by viewing The Grand Budapest Hotel, at the Hearst Center at 7 pm. The film is a 2014 comedy starring Ralph Fiennes as he attempts to prove his innocence after he is framed for murder.

Jane Close and Linda Morgan

Interest and Study Groups

as well as

Community Action Projects and Opportunities to Participate

Fourth Fridays with Friends - AAUW activity

Fourth Fridays will be meeting on January 20th, February 24 and March 24 at 10 am at College Square HyVee. If the weather is bad, don't come.

We all do come for lively conversation on any topic, happy interactions and some planning time for possible future events.

Interesting thoughts: > January 16 is Martin Luther King Jr. Day. > January 21 is Women's March in Washington, DC. > February is Black History Month. > February 22 is Lobby Day in Des Moines.



Many things to think and talk about.

Linda Morgan

AAUW Officer Election time

This takes place in the spring time. The final election and installation time happens at our April meeting when we recognize and show our awesome appreciations for all of our AAUW members, committees, and of course, our wonderful officers.

The Nominations Committee will appreciate any suggestions you might have for our new officers. This spring we will be looking for members to become the Membership Vice Presidents, the Vice Presidents for Fund Raising, and the treasurer for our Cedar Falls AAUW. We also will install the President - Elect (a one year way for the annually elected next president to learn what the office will include.)

Ideas, suggestions, names? Thank you. Submit to Sheryl Bewyer, Mary Fogarty, Pat Higby

* IRIS Iowa Radio Reading Information Service

Barb Cardamon

Literature

The January 9, 2017, meeting of the Literature Group will meet in the home of Joan Bunkofske at 1706 Cottage Lane at 1:15 pm.

Melba Widmer will be providing the refreshments and Barb Feuerhak will be presenting the book *A Man Called Ove* by Fredrik Backman. This is a *New York Times* best seller about the thoughtful exploration of the profound impact one life has on countless others. All AAUW members are welcome. *Melba Widmer*



Reaching Out With Books

Reaching Out With Books delivered books and magazines to the Women's Unit of the Black Hawk County Jail in December. Books will NOT be collected again until April. Pile up your gently used books and rather current magazines and plan to bring to the April meeting!

Kathy Krieg

Bundles of Joy

Jane Close & Diane Davison, Co-chairs

Bridge For Education



- > Wednesday, January 18 with Ardelle Brown, hostess
- > Tuesday, January 24 with Anne Schuessler, hostess

If you have not played before, call Ardelle for more information: 266-6882

Playing bridge begins at Willowwood / Western Home Communities dining room 12:30 p.m., 1100 Grove St., CF Ardelle Brown and Claudia Kaestner

In Memory:

Patti Hucka died on December 15, 2016. She loved to play bridge. We shall miss her.

Cedar Falls AAUW Newsletter

Sheryl Bewyer, editor

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