

Monday, September 26, 2016
Cedar Falls Woman's Club

Menu: Vegetarian Lasagna
Garlic Bread, Mixed Greens Salad
Mint candy
*Vegetarian and Meat Chef Salads
also available - \$12*



Reservations:

Mary Ellen Beckman
269-1893 pal.m@cfu.net

**NOON Thursday,
September 22**



Mission:

AAUW Cedar Falls Branch advances equity for women and girls through advocacy, education, philanthropy and research.

Vision:

AAUW Cedar Falls Branch will be recognized as a leader in the community in advocating for women and girls.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

Co-Presidents Joan Bunkofske and Arleen Cook
President-elect Melba Widmer
Vice Presidents for Program Ardelle Brown and Judy Beckman
Vice Presidents Membership Liz Poole and Julie Rathmell
Vice Presidents Fundraising Sandy Lawry and Nancy Hasenwinkel
Secretary Helen Ackerman
Treasurer Jodi Bergmann
Public Policy Pam Hays
Kate McElligatt
Leadership Development Maureen White

Gather 5:00 p.m.
AAUW Program / Event 5:30 p.m.
Questions and Answers 6:00 p.m.
Dinner 6:15 p.m.

Celebrating Fifty Years International Friendship Program

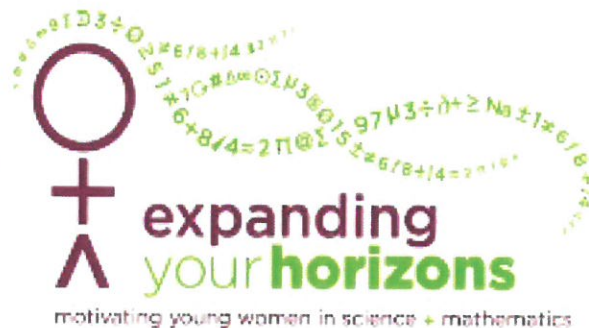
The International Friendship Program is a very rewarding experience for the families and students. Students learn a lot about the Cedar Valley and the Midwestern culture. At the same time, the adults and children in the families learn about the culture of different countries first hand. The cultural exchange is a win win for everyone participating. We will be celebrating 50 years of IFP on September 26, 2016, with all of you at the AAUW meeting. Please join us to celebrate, learn more about the programs from families and International students, and sign up to participate!

The committee for IFP has been meeting to work on assigning International students with new host families for the 2016-17 school year. There was an orientation from 4 - 6 pm, at UNI, on August 28, for the families and the students to meet each other. It was very well attended and everyone was happy to meet with and become acquainted with their new student or family.

We placed 35 students with 24 families, 7 of which are AAUW, and some families took more than one student. This year students are from: China, Indonesia, Pakistan, Costa Rica, Saudi Arabia, Malaysia, South Korea, Netherlands, Argentina, Bangladesh, France. Some of the families have participated in the program over 15-20 years. *Pramod Sarin, Bonnie Smith*

Visitors are welcome. Anyone may listen to the program speaker and not be required to stay for the meal. Reservations due Thursday, September 22. If you plan to eat with us, you **must** make a reservation by contacting Mary Ellen Beckman, 269-1893 or pal.m@cfu.net Cost is \$12. Cancellations must be made by September 22, or the \$12 charge must be paid.

**Cedar Valley Society
University of Northern Iowa
of Women Engineers
Saturday October 15, 2106 9 - 2:30 pm**



There's a great variety of workshops, from Social Sciences to Industrial Technology and everything in between. The girls truly have a fantastic set of workshops to choose from this year!

MORE INFO page 4. Please confirm if you have HAVE or NEED an EYH Workshop host t-shirt. If you (or your helpers/ volunteers) need a t-shirt, please include sizes.

Co - Presidents Report

Arleen and Joan are excited about the 2016 - 2017 year! Yesterday, the Board approved the appointments of chairs to positions and interests groups for AAUW CF. A loud applause for all who are leaders and share their talents with us. Our theme this year is **DIVERSITY**. This is seemingly a common theme in many places, but an area of concern to all. Elections this year promise diverse opinions and options. Organizations are training employees about diversity in populations. As women who advocate for women and children, we find ourselves in a crucial need for leadership. We have it!

We're looking forward to exploring with you the ways that we, AAUW CF, can improve understanding in the community of these problems and concerns through our research, reading, and involvement in our local area. We also hope to see more members at the monthly dinner meetings where we can share and support each other in our various interests and passions.

Arleen Cook and Joan Bunkofske



Secretary Memo

The appointed positions, standing committees, community action projects, co-sponsored programs and contacts, and study/interest groups were approved for the 2016-17 year at the September board meeting.

Helen Ackerman

Great time of year again - Membership

The membership committee worked with the program co-chairs to plan the fall Kick-Off, which was attended by approximately 40 members and nine guests. Each interest/action group was represented, and Maureen White presented information about AAUW. We are hoping to increase our membership and concentrate on retention of all current members. We are also planning to have a mentoring program in place for all new members. If you are interested in participating in this program, contact Julie Rathmell ejrathmell@gmail.com or Liz Poole lizpoole@cfu.net Thanks!

*Liz Poole & Julie Rathmell
Co-Vice Presidents Membership*

Welcome to AAUW

Alicia Smiley joined our branch last spring, and it's time we got to know her! Alicia is a UNI grad with a social work certificate and Spanish minor. She has had various social work positions since graduating in 2001 and is currently serving as Iowa Program Director, Riverview Center.

Alicia has been married to Ryan Smiley for 15 years, and they have two children: Ellie is 12 and Nathan is 8. Ryan teaches at Valley Lutheran School and both children will be attending there this fall.

Alicia has had the opportunity to travel extensively, but Spain is her favorite place. She enjoys bicycling, camping, kayaking, swimming, crafts, UNI volleyball, listening to books on CD, and spending time with friends and family.

She's passionate about equality for women, sexual and domestic violence advocacy, and childhood cancer, as her daughter is a survivor of a malignant brain tumor.

We welcome Alicia to our branch!

Our AAUW Officers



front row: Joan Bunkofske and Arleen Cook Co-Presidents;

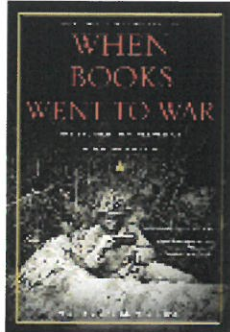
second row: Julie Rathmell, Liz Poole, Co-Vice Presidents for Membership; Ardelle Brown, Judy Beckman, Co-Vice Presidents for Program; Jane Close, Co-Past President

third row: Melba Widmer, Co-President Elect; Helen Ackerman, Secretary; Nancy Hasenwinkel, Co-Vice President for Fundraising; Maureen White, Leadership Development Director; Bonnie Smith Co-Past President. Not pictured: Sandy Lawry, Co-Vice President for Fundraising; Jodi Bergmann, Treasurer; Pam Hays, Kate McElligatt, Public Policy/Voter Education Directors

Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing

The Cedar Valley branch of the 2016-2017 Discuss and Discover Diversity book club, meets Monday September 12 at the Cedar Falls Public Library from 4:30-6 pm in the large meeting room on the second floor.



The first meeting of CV3D will discuss *When Books Went To War: The Stories That Helped Us Win World War II...* written by Molly Guptill Manning. This New York TIMES review tells readers that this book not only illuminates the seldom discussed details of a slice of World War II history, and most readers know nothing about. It also reminds readers in a digital era of movies and TV, how powerfully written literature once was enjoyed by lovers of books. It also created and made readers of eleventh grade infantry men, who previous to their war, experienced nothing, but assigned reading from their school years. This is a reading experience that will appeal to history lovers and book lovers alike.

The discussion of *When The War Went To War* will be led by CV3D co-chair Dr. Judy Beckman. All Cedar Valley residents are invited to join the discussion even if they have not yet read the title. The discussion will be held in the handicap accessible library. CV3D is sponsored by the Cedar Falls branch of AAUW.

Dr. Judy Beckman & Mary Dove
drjudy.beckman@cfu.net 319-939-4075

Textbooks for Refugees Community Action Project

The AAUW Board has approved that this year, \$500 be given to each of three women. The total of \$1500 money to be given, would be available from allocation of funds and fundraisers. Motion approved by the Board. Donations to the book fund would be sought at the fall AAUW kickoff meeting and at monthly meetings throughout the fall. This Community Action Project, if successful, will help achieve AAUW's mission to advocate for and empower women. It will also contribute to academic success for three disadvantaged women annually.

Alicia Soppe and Karen Agee, Chairs

Promoting Global Awareness



Great Decisions Study Groups Upcoming Meetings

Our September topic is the United Nations and decisions that need to be made in the near future. Maureen White will lead the discussion after a 30 minute DVD on the topic is viewed. We meet in the Cedar Falls conference room Tuesday, September 20 from 7 to 8:30 pm. Join us! And bring someone with you. We are a community action group and welcome anyone interested in learning more about the critical issues facing America today.

Gloria Tollefson, project chair

Cedar Valley UNA

Did you know the United Nations has never had a woman Secretary-General? According to Phumzile Mlambo-Ngcuka, UN Under-Secretary-General and Executive Director of UN Women. "*The UN must lead by example in appointing its next Secretary-General: make this moment count for gender equality.*" The Security Council and General Assembly have 10 strong candidates from whom to select, with an equal number of women and men. The opportunity is here to appoint a leader who will open a new chapter in the fight for women's rights, right from the top.

On Monday, September 19, 6:30 pm at the Cedar Falls Public Library (large meeting room), Jim Olson, Executive Director, Iowa UNA, will address *The Other Glass Ceiling: Will the UN Select a Woman Secretary-General?* Cedar Falls AAUW is a co-sponsor of Cedar Valley United Nations Association (CVUNA) programs, so we would like to see many of you there for this discussion of gender equity on the international level. The program is open to the public as well.

Maureen White

Great Decisions

Great Decisions Group will meet September 19th at 1:15 pm. at the First Presbyterian Church in Cedar Falls. The subject this month is **United Nations**.

Kay Thrall

Bylaws

Jane Close & Bonnie Smith,
Bylaws & Policies Co-chairs

International Friendship Program

Please call Pramod Sarin 504 -
8396 or Bonnie Smith 266 -
2526 for information.

Community Action Projects
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continued information ...

**Community Action Projects
Co-Sponsored Programs and Contacts**

**AAUW Cedar Falls Fund Raising Plant Sale
Saturday September 12**

**Good News To All Members from
Sandy Lawry & Nancy Hasenwinkel VPs Fundraising**

We are having a Fall sale of hosta, lily, peonies or any perennial that you want to divide this fall. We will also accept fall arrangements of dried flowers, etc., (as one of our members mentioned at the Kick Off event!)

All plants should be brought to 3819 South Main, Cedar Falls by Friday, September 9. The sale will be only Saturday morning, September 10, from 8 am until noon. If you need pots, please let Sandy Lawry or Ardelle Brown know. Any plants not sold will be planted in the pots in Sandy's back garden to be dug up in the Spring for the May sale.

Thanks for your support of this project. All monies will go toward the new Books for Immigrants project. Thanks! **Remember: The sale is Saturday the 10th. Plants need to be brought over by 9th.**

Sexual Assault Kits Delivered



**Great
Garage Sale!
We
Make
Money
to Help Others**

Expanding Your Horizons

Save the date of October 15 for this year's Expanding Your Horizons (EYH) event at UNI. EYH is a partnership between AAUW and the Society of Women Engineers designed to interest Middle School girls in careers in STEM. Girls from around the Cedar Valley can register for workshops that include hands-on activities on topics such as solar and wind energy, architecture, electrical circuits, interior design, metal casting, and much more! We will need volunteers to register girls and guide them to classes. For more information see the EYH website at www.eyhn.org or contact Pat Higby at patricia.higby@uni.edu.



our fabulous volunteers!

**Women in Motion Project
Clothing Drive for Women's Center for Change**

The Women's Center for Change is a 45 bed residential facility served by community-based corrections and is located in Waterloo. They are eager to have another clothing drive this fall. Donations may be brought to the September 26 meeting or you may contact the following people for pickup. The actual clothing drive date is October 20, 2016.

Priority items:

Pants Blouses/tops Cardigan sweaters/lightweight jackets
Winter coats Shoes, boots, tennis shoes Socks Scarves, hats,
gloves, purses Underwear (new)

All other items will be accepted too. Clothing should be washable (except winter coats), clean and in good condition. All sizes are needed, especially larger sizes. Clothing folded, not on hangers.

Additional items:

Books for women (age 18+) Laundry baskets Hangers
Hotel lotions, shampoos, soaps, etc. Laundry soap
Coloring supplies (crayons, markers, books, sketch pads)
Any alcohol free hygiene products Board Games

Any items not needed, will be donated to a charity after the drive is over. Thank you for helping.
Bonnie Smith



Community Action Projects
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continued information ...

Community Action Projects

Literature

Learn about books that other group members have read. Each month a member selects a book they found interesting and think others might enjoy. The group meets on the second Monday of the month at 1:15 in a member's home. Light refreshments and friendly conversation precede a member's choice of book to share. Even though others may not have read the book, it never seems to deter a spirited discussion.

The September 12th meeting of the Literature Group will meet in the home of Gloria Tollefson at 4614 Whispering Pines Circle with Linda Morgan presenting the book "Wives of Los Alamos" a novel by Tarashea Nesbit. This is her first book and is about the secret, atomic city between the years of 1943-45 and the families who lived there. All AAUW members are welcome. E-mail Gloria at gtollefson@cfu.net or call her at 266-4075 if you will be coming as it is helpful for the hostess in planning refreshments and enough seating. _____ *Melba Widmer*

Fourth Fridays with Friends – AAUW activity

Will continue this year with gatherings on Friday, September 23 and Friday October 28. Members meet at College Square HyVee coffee area at 10:30 am and have relaxed but lively conversations covering a variety of topics. Talk in August included fingernails, politics, AAUW policy and movies. Come join in conversation before you get your groceries or get your second cup of coffee with a group of AAUW friends.

Bundles of Joy

Information to share: Three Burmese women are pregnant, one due in November, twins due in January and third due date not yet known. OT is in the process of setting up Nest meetings with Congolese living in the area around Allen Hospital. We will attend and begin serving Congolese.

Jane Close & Diane Davison, Co-chairs

Reaching Out With Books

Books and magazines continue to be collected to be given to various women's centers, as part of the AAUW mission to advance education for women.

We thank you for continuing to bring magazines and books which are neat, tidy and appropriate. *Kathy Krieg*



Interest and Study Groups Opportunities to Participate

Women In Motion *WIM*

Women in Motion (WIM) provides opportunities for interaction among members through service projects and activities related to the AAUW mission, vision, and/or values, plus several social events. Some degree of physical activity is usually included in each event, hence "in Motion" in the name of the group. Dates, times and locations vary depending upon the event. Members are encouraged to participate in whichever activities fit their time, talents and interests; attend one, attend all, or anything in between.



Next scheduled events:

September 11, 1-5 pm- **Stone Soul Picnic Raising Awareness of Childhood Hunger in the Cedar Valley** at Gateway Park in Cedar Falls. See Stone Soul Picnic on Facebook for details. Look for Jane Close and Bonnie Smith if you want to join with other AAUW members. Spouses/friends are welcome.

Now through October 19- **Clothing Drive Collection for the Waterloo Women's Center for Change.** We are offering to pick up items from members and also will be collecting at the September 26 Dinner Meeting. Contact Pam Hays by email for pickup.

October 20, 10 am- **Clothing Drive Setup at the Waterloo Women's Center for Change.** Everyone is welcome to help. Contact Bonnie Smith.

Jane Close and Linda Morgan, Co-chairs

Bridge For Education



Wednesday, September 21

Tuesday, September 27

Playing begins at Willowwood / Western Home Communities dining room

12:30 p.m., 1100 Grove St., CF

Ardelle Brown and Claudia Kaestner

* IRIS Iowa Radio Reading Information Service

Barb Cardamon

Cedar Falls AAUW Newsletter

Sheryl Bewyer, editor

266-6614 sbewyer@cfu.net

