



Monday, March 23, 2015
Cedar Falls Woman's Club

Menu:

Beef Stir Fry Over Rice,
Garden Tossed Salad,
Rhubarb Custard Dessert
*Vegetarian and Meat
Chef Salads available*



Reservations:

Mary Ellen Beckman
269-1893 pal.m@cfu.net
**NOON Thursday,
March 19**



Mission:

AAUW Cedar Falls Branch advances equity for women and girls through advocacy, education, philanthropy and research.

Vision:

AAUW Cedar Falls Branch will be recognized as a leader in the community in advocating for women and girls.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

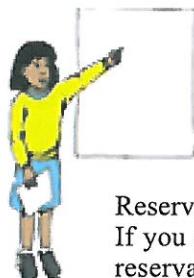
Co-Presidents Jane Close
and Bonnie Smith
President-elect position open
Vice Presidents for Program
Ardelle Brown and Carol Hedberg
Vice Presidents Membership
Pauline Harding / Dee Lynch
Vice Presidents Fundraising
Darlene Balm-Demmel and
Mary Fogarty
Secretary Anne Schuessler
Treasurer Nancy Henderson
Public Policy Pam Hays
Leadership Development
Maureen White

Gather 5:00 p.m.
AAUW Program 5:30 p.m.
Dinner and Business Meeting 6:15 p.m.

~ Empowering Women to Get Equal Pay ~

Reshonda Young owner, *Popcorn Heaven*

The American Association of University Women will continue this year's theme of Empowering Women, with Reshonda Young, owner of Popcorn Heaven, March 23, at 5 pm at the Cedar Falls Women's Club. Young launched Popcorn Heaven at 403 Franklin St. in downtown Waterloo in February 2014 after a long period of research. She grew up in Waterloo, graduated from East High School and in 1997 earned her degree in business management from Wartburg College. One goal has been to help people find work in downtown Waterloo and to make *Popcorn Heaven* become a household name.



We will gather and visit with our AAUW friends at 5 pm. At 5:30, we become informed about the topic of equal pay for women by our speaker Reshonda Young and will have dinner at 6:15 pm. Anyone may come and listen to the speaker and not be required to stay for the meal. Visitors are welcome.

Reservations are due by Thursday, March 19. If you plan to eat with us, you must make a reservation by contacting Mary Ellen Beckman, 269-1893 or pal.m@cfu.net Cost is \$11.



Cancelations must be made on March 19, or the \$11 charge must be paid.

**Create Your Future
AAUW of Iowa Spring Conference - Cedar Falls**

Get ready for an enriching, exhilarating, enlightening AAUW Iowa Spring Conference on April 10 and 11, 2015, in Cedar Falls, IA. The theme is **Create Your Future** from a quote by Betsy McDowell, a member of the AAUW Board of Directors and a speaker at the AAUW Iowa Spring Conference in 2014, "The only way to protect your future is to create it." The passion, strength, and vision of Iowa women make this very exciting program possible.



Are you ready? Are you willing? We know you are able! Please consider being a part of our Cedar Falls Board of Directors. We know we have such a talented and skilled, knowledgeable and capable membership, and would love to have more of you participate in the leadership areas. Give it some thought ... ready, set, go!

President's Report

AAUW Needs Your Help

Our member survey responses indicate that you belong to AAUW primarily because you believe in our mission and secondly, for the social connections the organization provides.

The continued success of our branch relies on your willingness to help in whatever way you can. We need good leadership in order to remain strong and healthy. We are asking you to thoughtfully consider, or reconsider if that's the case, how you can serve. The Nominations Committee, Judy Focht and Linda Morgan, have been hard at work emailing and calling to fill out the slate of candidates before the April 27 meeting (terms begin July 1). The results have been very disappointing and we are really down to the wire! We are still in need of candidates for President, President Elect, Vice President for Membership and Treasurer - all of which you would likely find very workable when done by co-directors, if you prefer that option.



AAUW is a well respected organization and one of a very few fully dedicated to equity for women and girls with a long and proud history of empowering women, since 1881. Our branch will be celebrating our 90th birthday on March 27; let's plan to celebrate it with a full slate of candidates! *Jane Close and Bonnie Smith, Co-Presidents*

Membership



Now is the time to look ahead and begin planning to renew your AAUW membership. In April we will begin accepting your checks for 2016 dues. Make your check out to AAUW for \$70 and bring it to the April 23rd meeting or mail it to Nancy Henderson, 2989 Jepsen Road, Cedar Falls, IA 50613. Our renewal fees need to be received by both national and state organizations before July 1, when the new fiscal year begins.

Pauline Harding and Dee Lynch Co-Vice Presidents for Membership

Introducing new members:

Helen Ackerman graduated from the University of Iowa with a BSN. She also holds a diploma from Allen School of Nursing. Helen's work experience includes the University of Iowa Hospital in the Medical Unit, Veterans Hospital in Iowa City in the Post Surgical Unit, Covenant Hospital in Waterloo (Behavioral Health Nursing), and thirty-two years in Behavioral Health at Allen Hospital (Unity Point).

Helen is mother to six children, two girls and four boys, who have brought her "lots of fun" as well as ten grandchildren to enjoy. She enjoys travel and especially enjoyed a trip to the Czech Republic (her heritage) and "loved" traveling in Italy and Spain.

Helen lists her favorite activities as traveling, hiking, reading, sewing, and being outdoors! She served as a 4-H leader in Black Hawk County for many years. As a new member of AAUW she especially enjoys the Cedar Valley Discuss and Discover Diversity (CV3D).

Sandy Lawry graduated from the University of Southern Mississippi in 1971 as a Business Education major. Her junior year the university installed electric typewriters! A part-time kindergarten para-educator at Irving Elementary in Waterloo for two years, she also worked at AEA 267 in special education technology, setting up and supporting computers and software. In 1990 Sandy developed and supported an IEP computer program used in all the AEA 267 districts until 2005 when the state developed a web IEP. Until retirement, she was the web administrator for the IEP and IFSP program and the IMS database, providing training, reports, and daily support to administrators, teachers, and support staff in AEA 267.

Having worked part time at Platt's, Inc., in the perennial area for twenty-two years, she is looking forward to taking the Master Gardener class, and participating in making scarecrows for the Arboretum Fall Festival.

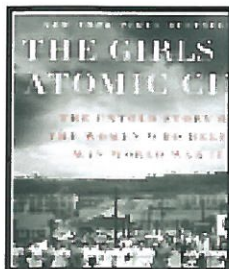
Sandy is currently president of Quota International of Waterloo, Inc., which is a nonprofit organization empowering women, children, the deaf, hard-of-hearing, and speech-impaired in local communities around the world. Sandy likes to read, garden, bake, travel, bike, and walk. Her friends also tell her they can teach her to quilt! Her husband is a retired audiologist and is also retired from the Army National Guard. They have four sons and three daughters-in-law, as well as six grandchildren. She is looking forward to a new chapter in life which includes AAUW as well as volunteer opportunities.

March's Leadership Bite

"Never believe that a few caring people can't change the world. For indeed, that's all who ever have."
Margaret Mead, anthropologist

Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing



The Girls of Atomic City: The Untold Story of the Women Who Helped Win World War II *Denise Kiernan*

These girls had family members drafted into World War II. Often they did not hear from them and worried for their lives. They wanted the war to come to a swift end. So they accepted a job in an unknown, secret city, accepted an unknown position, promised to never discuss their job with anyone - no one, not even a husband. Barbed wire kept them from their husbands and they were required to leave their children behind in the care of other family members.

Some groups of women lived in huts 200 square feet in size with shutters rather than windows and a pot belly stove for heat. This is a true story, told from seven years of research and from collected oral histories of these women. This title will inform and intrigue readers who are interested in women's history and wish to know more about the women's contributions to the building of the atomic bomb.

The Cedar Falls branch of AAUW's *Cedar Valley Discover, Discuss Diversity* will present this book on March 9, 2015, at the Cedar Falls Public Library from 4:30-5:30 pm in the Staff Meeting Room. The library is handicap accessible. Readers can find multiple copies of the title at the Cedar Falls Library in the book club section. The discussion will be led by Pauline Harding on March 9, 2015. AAUW invites all Cedar Valley residents to attend. They need not have read the book in order to attend this discussion.

CV3D is supported by the Cedar Falls branch of AAUW (American Association of University Women), the Cedar Falls and Waterloo Public Libraries, and University Book and Supply. Dr. Judy Beckman 319-929-4075 or drjudy.beckman@cfu.net.

Dr. Judy Beckman and Ms. Mary Dove Co-Chairs (CV3D)

*** Gender Balance in Government**
Jane Close Maureen White



*** IRIS Iowa Radio Reading Information Service**
Barb Cardamon

*** International Affairs** *Rowena Hardinger*



Bundles of Joy

Project working day ...

Chairs: Jane Close & Diane Davison



Promoting Global Awareness

The evening Great Decisions study group will meet Tuesday evening, March 17, from 7 - 8:30 pm, in the conference room at the Cedar Falls Public library. Our topic for discussion will be Sectarianism in the Middle East. The Arab world today is more violent, unstable, fragmented and driven by extremism of government rulers and radicals. The issue for US Foreign policy is whether Washington can do anything to achieve a more peaceful region?

Join us for this opportunity
to think critically about global issues!

Gloria Tollefson, Community Action Project Chair

Books for Incarcerated Women and the House of Hope

We are still welcoming contributions to the Books for Incarcerated Women Project. Questions regarding materials to donate will be answered by contacting annebc84@gmail.com or 231-9541.

Anne Cook, working with Kathy Krieg

International Friendship Program IFP

We would like to invite members to sign up to participate in the International Friendship Program in the fall of 2015. Contact us for the application form!

We thank all of you for your support. Please send e-mails to me at this address:

sarinpramod@uni.edu

Pramod Sarin & Bonnie Smith



Community Action Projects
continued information ... page four

continued information ...

Community Action Projects

Expanding Your Horizons



Alicia Soppe, coordinator with EMBARC, and Diane Davison are member of Spinners and Weavers Guild and both AAUW CF members.

Our branch is working with Ethnic Minorities of Burma Advocacy and Resource Center (EMBARC), as well as the Weavers guild, to provide materials and supplies for the weavers. With a long history of weaving, the project promotes cultural preservation and awareness. Longer range goals are for the weavers to produce and sell their goods and also to gain skills to become master teachers, passing on the art of weaving to the broader community and refugee youth.



Special Lobby Day Announcement!

We Need You at the Capitol for AAUW Lobby Day, March 10, 2015!

Human trafficking is the focus of AAUW-Iowa's second Lobby Day. Speaking with legislators, this was a topic with bipartisan support where a groundswell of grassroots advocacy could make a difference, so we need your help.

Agenda: Tuesday, March 10, 2015

- 9 am - Registration and Snacks in Room 304, Iowa Capitol Building, Des Moines
- 9:15 am - Welcome
- 9:30 am - Advocating for AAUW-IA Issues
- 10:30 am - Legislative Panel on Human Trafficking
- 11:30 am - Lunch and Visits with Legislators
- 1:15 pm - Follow-Up and Farewell in Room 304

To register for AAUW-IA Lobby Day, email Jane Nettleton, Co-Director Public Policy, at nedjane@mchsi.com or call 515-295-3704 and give her your name, your Branch name, and your email address... or contact Maureen White mwhite@cfu.net

Interest and Study Groups Opportunities to Participate

International Studies

International Studies group will meet March 16, in the library of First Presbyterian Church, 9th and Main, at 1:15 pm. The topic for discussion this month is Sectarianism in the Middle East - how timely is that? Sunnis, Shi'i, ISIS, Arabs, Kurds, Israelis, Syria, Lybia.

How have governments in the Middle East manipulated the sectarian conflicts and what should the US do about it? We all feel so overwhelmed by the situation. Join our group and, hopefully, together we can help clarify our understandings. *Ellie Tompkins*

Participants meet the second Monday of each month. On March 9, at 1:15 pm, we will meet the home of Mimi Zischke. Please call Mimi - 266-8909, if you plan to attend. All AAUW members are welcome. See you there.

Joan Kurt - Olean Yanke

Literature



Women in Motion *Jane Close & Linda Morgan*



Bridge For Education

The AAUW Bridge Groups for the Educational Foundation meet twice a month: the Third Wednesday Bridge and the Fourth Tuesday Bridge. Both of these groups meet at Willowwood, the time being 12:30 pm. Plan to attend **Wednesday, March 18** and also **Tuesday, March 24**. Support our AAUW Educational Fund by donating \$2 at every meeting. *Dargy Baxter*

Annual AAUW Garage Sale: May 15 & 16



The sale will be held at the home of Ardelle Brown on Rownd St. Phone 266-6882 if you have things that need to be picked up early, and she will store it in her garage. When cleaning out this spring set aside items that could be sold at the garage sale. No clothing or tv's will be accepted.



Cedar Falls AAUW Newsletter

Sheryl Bewyer, editor

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