

Monday, September 28, 2009**Cedar Falls Woman's Club
Third and Clay Streets****Gather 5:00 p.m.****AAUW Program 5:30 p.m.****Dinner and Business Meeting 6:15 p.m.**

Empowering Women and Children Around the World

*Jenny Hall, Executive Director**Over the Rainbow Health and Education Services***Women
Unbound****Mission:**

AAUW Cedar Falls Branch advances equity for women and girls through advocacy, education and research.

Vision:

AAUW Cedar Falls Branch will be recognized as a leader in the community in advocating for women and girls.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

Co-Presidents

Judy Beckman, Mary Dove
President Elect Maureen White
Past President Gloria Tollefson
Vice President for Program
Mary Fogarty
Vice President for Membership
Dee Lynch
Co-Vice Presidents for
Educational Foundation
Barbara Cardamon, Allaire George
Secretary Mary Franke
Treasurer Nancy Henderson
Public Policy/Voter Education
Director Maureen White
Legal Advocacy Fund Director
Jane Close

Jenny Hall grew up in Cedar Falls, was taught by one (if not more) of our branch members, and is now pursuing a doctoral degree in education at UNI. She is also the founder and executive director of an international aid organization. That organization, Over the Rainbow, provides health and education services to women and children in various parts of the world. It provides early childhood programs and free tutoring through a community center it operates in Salvador, which is Brazil's third largest city after Sao Paulo and Rio de Janeiro. Over the Rainbow also has programs in Iowa, Kenya, and Romania, and has plans to start others.

Over the Rainbow's focus on women and children is an effective strategy for reducing poverty. The UN has stated that reducing poverty, disease, and hunger, and ensuring sustainable development, requires gender equality and the empowerment of women. Researchers who study aid programs find that those which concentrate on women and children are the most productive and least expensive ones. Women are an underutilized resource in many places. Yet these women, when they become productive, reinvest in their families and their communities at a higher rate than the men do. That's a very important result, even without the added benefit that their success changes attitudes about what women can and should do.

Reservations:

Marcia Street 277-1780
streetmc@cfu.net

8 pm Wednesday,**September 23, 8:00 pm****\$11** State your menu choice**Menu:**

Lemon Pepper Chicken
Wild Rice Pilaf
California Vegetable Medley
Banana Crumb Coffeecake
or Chef Salad, regular or vegetarian

Kickoff

The August 31 KickOff, Bash with Biscotti, was the beginning of the Cedar Falls Branch's Senior Year Support for Rwandan Refugee Student, Jacque Ingibire. Ingibire begins her senior year carrying sixteen academic hours. She expects to complete her Internship during the Spring 2010 Semester, graduating from UNI in May 2010 with her degree in World Health.

Our theme this year is **Women Unbound**. Because of your generous support we have helped one woman break through some of the barriers that were hindering her success. The branch's generous support for Jacque has included the following items: a bicycle, helmet, bicycle lock, bicycle headlight, study lamps, spiral notebooks, pens, pencils, magic markers, quarters for laundry, backpack, gift certificates and cash for books and lab fees. Our branch will continue financial and book support for Jacque's senior year of education, but as Jacque says, "Right now, I am really set, thanks to all of my mothers and sisters in AAUW!"

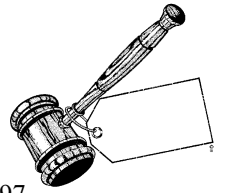
From your co-presidents ~

Greetings AAUW members! Judy and I are looking forward to serving as your co-presidents this year and here's a little bit about who we are.

I am Mary Dove and a fourth grade teacher at Janesville Consolidated School District. I am starting my 22nd year at JCSD. My husband farms north of Cedar Falls and we live on a century farm. We both graduated from Iowa State University and enjoy cheering on the Cyclones! I received my MA from UNI in 1997. I have two children, Jake and Beth, both graduates from ISU. When not teaching, I enjoy biking, camping, canoeing, hiking, walking my dog, and reading. My 2009 resolution was to learn how to crochet. I might have to continue learning through 2010 as I find I am struggling. I am proud to be an AAUW member of the Cedar Falls branch because we offer a wide variety of opportunities for our membership to become involved. I participate in CVD3, Great Discussions, the monthly meetings, and this year Women in Motion. I encourage you to try and participate in something new for you this year in AAUW.

This year's theme is **Women Unbound**. Mary Fogarty, program chair, has organized an insightful year for us at our monthly meetings with speakers speaking to our theme. Jane Close, Women in Motion Chair, has some wonderful opportunities for you to participate in. Some will reconnect you to longtime members like Ghouls Night Out. Gloria Tollefson and Maureen White have organized opportunities for you to learn and discuss about Women's Rights and United Nation topics. Our branch will continue to serve this year with projects for the Cedar Valley Friends of the Family, food bank, meals for Habitat for Humanity, Pennies for Peace, books for Incarcerated Women, and International students at UNI. We encourage you to try something new this year with AAUW. Working together, we hope to break through a barrier or two.

Judy Beckman and Mary Dove, co-presidents



AAUW Welcomes Nine New Members

Thirty-five members and seventeen guests gathered at the Cedar Falls Woman's Club, on August 31, for the Biscotti Bash Kickoff!

Hosted by the Program and Membership Committees, displays for Educational Foundation and Legal Advocacy Fund as well as interest groups and community action projects were prepared and exhibited by project chairs and interest group facilitators. This part of the evening was coordinated by Mary Fogarty, Vice President for Program.

The membership Committee served refreshments of biscotti and peach iced tea punch and coffee from a refreshment table decorated with a fall theme by Mimi Zischke. A variety of biscotti was baked by members of the committee. A **Women Unbound** game, designed by Anne Schuessler, featured pictures of women of the past and present that have become "unbound" to make contributions to society. **Women Unbound** will be the theme for the 2009 – 2010 program year.

Mary Fogarty emceed a short program during which guests were welcomed by Co-Presidents Judy Beckman and Mary Dove. Jacque Ingibire, student from Rwanda, was introduced and presented with gifts of school supplies, quarters for laundry and dorm room supplies donated by the membership. Door prizes of six gift baskets were awarded and badges presented to members who were able to name the "unbound women." Vice President for Membership, Dee Lynch, invited prospective members to join AAUW. Nine new members were welcomed: Ruth Walker, Patti Hucka, Claudia Kaestner, Karen Henrickson, Brenda Lee, Carol Hedberg, Jean Richardson and Hillary Oberle.

The displays, the hospitality, the sense of community : all portray AAUW as a strong advocate for education and equity for all women and girls.



Report From the Board of Directors

The Board met at AEA267 on Tuesday, September 8, 2009.

The meeting was called to order by Co-President Judy Beckman.

Committee reports were reviewed by the Board. A motion was approved to reduce the EF/LAF funds to \$500 each with the balance placed in a scholarship fund. A motion was approved to establish a scholarship committee.

Membership dues are payable by October 15.

The Strategic Plan for 2009-2014 was reviewed by the Board and a motion was approved to accept changes made to the plan.

Meeting adjourned at 6:10 pm.
Mary Franke, Secretary

Members who have not yet paid their dues are encouraged to write that check so you may lend your support for this important mission. The following is a reminder from Judy Focht, former president and strong advocate for AAUW.

Renew Your AAUW Membership Today

The clock is ticking! The yearbook is being printed SOON! Some of you have yet to pay your dues. It is not too late to get your name in the 2009-2010 yearbook, but you must send 70 dollars for dues to: Nancy Henderson, 2989 Jepson Road, Cedar Falls, Iowa 50613.

You may deduct 46 dollars of the 49 dollars to the Association from your 2009 taxes. We value your membership support of AAUW's mission at the local, state and Association level with your dues payment and willingness to give of your time and talents for local projects chosen by our board.

Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing

Koa Kalia Yang, author of *The Latehomecomer*, will present comments on her prize winning novel, as well as discussion about Ann Fadiman's book, *The Spirit Catches You and You Fall Down*. These two cross-cultural clashes can be visited at the Cedar Falls Public Library on Monday, October 12, in the large meeting room on the second floor.

On October 12, AAUW's Cedar Valley Discover Diversity Discuss brings Kao Kalia Yang, a prize-winning Hmong American writer and author, to the Cedar Falls Public Library. This prize-winning writer of *The Latehomecomer: A Hmong Family Memoir* will appear from 4:30 - 5:30 pm.

Americans are largely unfamiliar with the Hmong culture. Some have negative perceptions of these people who fought on the American side of the Vietnam War and were persecuted for this decision. After the war they had no country to return to as a "home." History books continue to ignore their contributions to the U.S. Yang tells of her family's struggle to escape Laos through refugee camps in Thailand and to settle in St. Paul, MN. Even after arriving in St. Paul, their marginality persists, as they seek to acclimate to an unfamiliar culture, its language, and to educate themselves so they could find jobs to support their families. Yang's familiarity with Ann Fadiman, author of *The Spirit Catches You and You Fall Down*, a Hmong child, American doctors, and collision of two cultures, provides discussion participants with a clear vision of the medical cultural conflicts through which Hmong struggled, as well.

Kao Yang is the 2008 recipient of the Spirit of Carleton College Award, her first title, *The Latehomecomer* has won the Minnesota Book Awards for memoir/creative nonfiction as well as the Reader's Choice Award, the first book ever to win two awards.

Cedar Valley residents are welcome to attend the discussion. Anyone wishing to purchase a book may contact Dr. Judy Beckman. The Cedar Falls Public Library is handicap accessible. Residents needing transportation to and from the discussion may use the e-mail listed below. For information email: drjudy.beckman@cfu.net.

International Friendship Program

Public Policy: Your AAUW at Work

Maureen White, Public Policy/Voter Education
266-9901, mwhite@cfu.net

GREAT DECISIONS

Great Decisions study group begins its second year. Two study groups will begin discussion of the 2009 topics of the Great Decisions program. The subject for September will be, "The U.S. and Rising Powers". After watching a 30 minute panel discussion, we will be discussing 21st century global competition for power and resources. What role will the U.S. play? What kind of relationship will the U.S. have with the rest of the world?

The International Studies group will meet on Monday, September 21, 1:15 pm, at the home of Marilyn Hanson, 2806 Edgewood Dr., CF.

The Community group will meet on Tuesday, September 22, from 7-8:30 pm at the Cedar Falls Public Library. This group is open to anyone in the community.

Please feel free to join either group!

Gloria Tollefson, chair 266-4075 gtollefson@mchsi.com

It's Game Time!!

No, not football kickoff, but every bit as much fun or more!

Join in an afternoon/evening of board games, dessert and coffee/tea. Come when you can and stay as long as you like. Bring your favorite board game or play one provided by others. Learn new games or play old favorites. Meet new friends and greet old favorites? Just come, we'll have a great time!

Thursday, September 24 4 - 7 pm
Cedar Falls Woman's Club Cost: \$5.00

Hosted by:

Educational Foundation and Legal Advocacy

Reservations due September 21 to

jane.close@uni.edu or 983-2016

Iowa Radio Reading

Information Service (IRIS) Summary

Barbara Cardamon, project chair,
cardmore@aol.com, 233-2848

Prairie Picnic

July 19, 2009

Jane Close's Prairie Garden

New Hartford



~ Plan Now ~

May Plant and Garage Sale

This is the one fundraiser where members of the community can shop *and* learn more about AAUW and its mission. Buyers want to know what plants will look like as they mature so now's the time to take a photo as we all know that a "picture is worth a thousand words". These can be quick shots but need to show size and leaf structure.

As you transition from summer to your busy fall schedule, take time for a little sorting and stashing of items that can be used in our spring sale. Small kitchen appliances, lamps, decorative items, storage bins, crafts, and books plus a whole lot more are needed to fill our many tables.

Happy cleaning! *Barb Cardamon, Allaire George and Jane Close, EF and LAF Chairs*

Sneak Preview

Dee Lynch made this outstanding salad for the **Sneak Preview**. The event and the salad made a great June evening for AAUW Members.

Spaghetti Salad

1 C. Diced Green Pepper 1 C. Diced Fresh Tomato
1 C. Diced Celery 1 C. grated Sharp Cheddar Cheese
Two bunches, Diced Green Onions (use some tops)
1 (12 oz.) Can Mexican (Green Giant) Corn
1 lb. Angel Hair Pasta (Cut in thirds, cooked, drained, cooled)
Put in LARGE container and pour dressing over all.

Dressing

1/2 C. Sugar 1 8 oz. bottle Zesty Italian Dressing
1 8 Oz. bottle Creamy Italian Dressing
1 T. Prepared Mustard 1 T. Vinegar

It is a large recipe: 16 - 18 servings according to recipe book but 32 servings if for large group where you have a number of salads.

Bridge Groups

Third Wednesday Bridge

- September 16 Willa Smith
- October 21 Judy Beckman

Fourth Tuesday Bridge

- September 22 Judy Beckman
- October 27 to be announced



Evening bridge?

Call Ardelle Brown if you are interested in playing. 266-6882 or send to dabrown@cfu.net We have two daytime groups and would begin an evening group if there is interest.

Dargy Baxter, Facilitator, 266-2890 (home), 319-230-3781 (cell), dargybaxter@mchsi.com

Cedar Falls AAUW Newsletter

Sheryl Bewyer, editor

266-6614 sbewyer@cfu.net



Interest and Study Groups Opportunities to Participate

International Studies

The International Relations Study Group will meet Monday, September 21, 1:15 pm at the home of Marilyn Hanson. The program, *The U.S. and Rising Powers*, will be led by Gloria Tollefson.

Kathy Agness

Women in Motion...

How about trying a very painless way to have a history lesson learning about an amazing woman who did so much for the betterment of women while walking through her girlhood home? Three **Women In Motion** did just that in August when we toured Carrie Lane Chapman Catt home on ten acres of beautiful farmland near Charles City.

Each wall in the brick home had panels, designed by UNI graphic art students, showing three timelines; one dealing with Carrie's life, one sharing what was happening in the suffrage movement and one telling what was happening in the world. Walking from room to room reading these, we couldn't help but be thankful for her tireless effort promoting woman's suffrage and world peace.

How did she become so involved in seeking voting rights for women? It started at age 13 when she asked her mother why she wasn't going to vote like her father and their hired man. Her mother replied that voting was too important a civic duty to leave to a woman.

During her lifetime she was a teacher, president of the the National American Woman Suffrage Association, Founder and President of the International Women's Suffrage Alliance, founded League of Women Voters, founded Cause and Cure of War and co-authored *Women's Suffrage in Politics*.

One of the many quotes seen in Carrie's home. "The struggle for the vote was an effort to bring men to feel less superior and women to feel less inferior."

Go to www.catt.org for more information.



Literature Interest Group

Jean Kelly 266-0809 jeankelly@cfu.net