

Monday, March 25, 2013

Cedar Falls Woman's Club

Gather 5:00 p.m.

AAUW Program 5:30 p.m.

Dinner and Business Meeting 6:15 p.m.

Menu:

BLT Salad with Chicken
Tomato Bisque Soup
Cheese Scones Cappuccino Cake
*Vegetarian and Meat Salads
available*



Reservations:

Mary Ellen Beckman
269-1893 pal.m@cfu.net
8 pm Thursday,
March 21, \$11.00
> call or email Mary Ellen
if you plan to eat with us.



**Right Tribe:
Making the Right Connections
Through Mentoring and STEM**

**Cheryl Einsweiler
Christine Smith**

Two years ago, the Women's Philanthropy Connection, from the Cedar Valley United Way, and Hawkeye Community College launched the Women-to-Women Career Mentoring Program at the College. By matching volunteer mentors with students who have applied and been accepted into the program, the mentoring program's focus is on empowering women. Students receive advice on how to stay motivated and focused on school and career goals. They also receive guidance and support as they explore the possibilities available within their chosen career fields.

Come to our March AAUW meeting to learn how the program started, how it has grown, and how it has affected women's lives. Join us for an informative and inspiring presentation by Cheryl Einsweiler, the program's coordinator, and Christine Smith, the program's assistant as well as one of the mentees.

Mission:

AAUW Cedar Falls Branch advances equity for women and girls through advocacy, education and research.

Vision:

AAUW Cedar Falls Branch will be recognized as a leader in the community in advocating for women and girls.

Diversity Statement:

In principle and in practice, the AAUW, Cedar Falls Branch, values and seeks diversity. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Board of Directors:

President Nancy Henderson
President-elect Barb Feuerhak
Past Presidents
Linda Morgan, Ardelle Brown
Vice Presidents for Program
Carol Hedberg, Susan Kimball
Vice President for Membership
Gayle Wood
Co-Vice Presidents for
Fundraising
Jean Kelly, Bonnie Smith
Secretary Dee Lynch
Treasurer Mary Fogarty
Public Policy Joan Kurt

**AAUW Annual Fundraiser
Garage Sale**

Our annual AAUW Garage Sale will be on May 17 this year. It will be held at Judy Fogdall's home and will be open all day on Friday, starting at 8 am until 6 pm (approximately). **Please start saving items that you would like to donate.**

We would love some bigger items this year as well as plants and flowers and house wares. Remember, we do not take clothes. We would also like some volunteers to help us mark items and set up on Thursday and work Friday, the day of our sale.

This is always our biggest fundraiser for the year. Last year we made close to \$1,000 ! Let's make it a REALLY BIG sale this year! The money will be used for our annual Scholarship and Community Action Programs.

Thank you in advance for your help.



Jean Kelly and Bonnie Smith Fundraising Chairs



The Presidents' Corner

Hi all! I'm writing this on the eve of the next big snow storm! We'll see if that pans out or not. March is always a month of surprises with the weather.

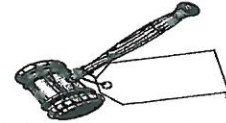
I'm really excited about our dinner meeting this month. I hope many of you can join us to hear about the career mentoring program that was started at Hawkeye Community College two years ago. The women involved in this program have made a big difference in the lives of the students. I'm so impressed with all of the individuals who have been involved in this program. Please come find out about the mentoring program and how you can be involved in it.

Our AAUW - Cedar Falls scholarship announcement for women transferring from Hawkeye Community College to the University of Northern Iowa is now available. It is posted on Hawkeye's website at: <http://www.hawkeyecollege.edu/articles/students/scholarships.aspx> Please spread the word about this scholarship!

By now you should have received your copy of the Iowa Initiative which includes information about the AAUW-Iowa state conferences. This year, there will be two conferences from which to choose -- one in Decora on April 13 and one in Denison on April 27. As announced in the February newsletter, the Branch Board will reimburse \$25 of the registration fee (which is only \$50) for up to six of our branch members to attend the state conference for the first time. If you are interested, please contact me by March 25th via email at nancy.henderson@hawkeyecollege.edu to let me know of your interest. The postmark deadline to register for one of the state conferences is April 1. (There are several members planning on attending, so there are people to ride with if you don't want to drive alone.)

Spring will be here soon... just keep believing!

Nancy Henderson, President



Give a Grad the Gift of AAUW

Looking for a gift for someone you know who is graduating this spring? Consider AAUW's Give-A-Grad-A-Gift program, which entitles them to a free AAUW membership within two years of graduation. **What an awesome gift at no cost to you or them!** As you already know, AAUW membership opens the door to a community that breaks through educational and economic barriers so that all women have a fair chance.

With this gift, you will:

Expose the grad to the power that comes from belonging to a national women-led organization of more than 150,000 members and supporters who believe in and advance equity and education for women and girls.

Expand their networking opportunities through career development opportunities and community action projects. They will experience the rewards of working with and learning from successful AAUW mentors.

Keep them current on the events and people that affect their lives through Mission & Action, AAUW Outlook, Action Network alerts, and more.

Increase their buying power with access to discounts at The Princeton Review, Barnes & Noble.com, health and life insurance, auto insurance, AAUW research reports, credit cards, and other members-only benefits such as [CareerBuilder.com](http://www.careerbuilder.com) and TravelSmart.

This is an offer that only AAUW members can take advantage of at no cost. You can apply online or download the application at <http://www.aauw.org/resource/give-a-grad-a-gift/>.

Remember, your grad will receive a one-year, at-large membership — a \$49 value — for free. They can join a branch at any time but will be responsible for paying branch and state dues.

Membership ~ ~ ~

It's not too early to begin thinking about budgeting for your annual AAUW membership renewal! Our renewal fees need to be received by both the national and state organizations before the fiscal year begins on the 1st of July. Why not plan to send your renewal fees to our treasurer, Mary Fogarty, in April or May this year? AAUW Membership is \$ 70.00; this amount is broken down like this: National \$49, State \$10, and Branch \$11.

Thank you for considering an early renewal for AAUW 2013-2014. Please send your check to: Mary Fogarty, 4109 W 1st Street, Cedar Falls.

Gayle Wood, Membership woodgd1@gmail.com



Iowa Initiative Maureen White,
Community Conversation Coordinator



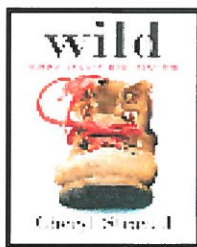
Report From the
Board of Directors

Contact secretary
Dee Lynch for
further information

Community Action

Cedar Valley Discuss & Discover Diversity Reading & Sharing

WILD: From Lost to Found on the Pacific Crest Trail by Cheryl Strayed



Cheryl Strayed felt bereft when at 22, her mother died. Her family scattered after the death and her marriage fell to pieces. *WILD* is Strayed's memoir of her 1,100 mile solo hike up the Pacific Crest Trail from the Mohave Desert through California and Oregon to Washington State. Readers will see this lost young woman grow and develop into a strong, reflective woman. The trip made in *WILD* is not made by a seasoned hiker. Cheryl Strayed is a "first-time" solo traveler. Her initial experience becomes vividly clear that first night she packed into her sleeping bag - alone.

Cedar Valley readers are engrossed in reading about Cheryl's trip. Readers feel the fear of rattle snakes, the black bears, the cold snow and intense heat during the day. Feel the readers' uncertainty when one of her own hiking boots goes over the cliff. Imagine the plan to pack a back pack. What is truly essential. What appears to be, except when those essentials become too heavy to heft. Those imperative articles rearrange their priority when they must be forced to be jettisoned if Cheryl must be able to close the pack and heft it for a day's walk.

Readers become engrossed in Strayed's search for herself. Cedar Valley residents who have not yet read the book will find increasing desire to add *WILD* to their personal stack of "must reads." AAUW, the Waterloo and Cedar Falls Public Libraries, and University Book & Supply are cosponsors. The Cedar Falls Discover Diversity & Discuss event will be held in the University Book & Supply first floor handicap accessible classroom. Discussion will begin at 4:30 pm and end about 5:30.

The discussion will be made more vivid by the discussion leader, Erica Billerbeck a conservation officer for the Iowa Department of Natural Resources in Johnson County, and author of *The Warden's Diary* in the **Iowa Outdoors Magazine**, who is a well-seasoned climber and camper. Join in and grow in Strayed's effort to journey to heal herself.

For further information contact Dr. Judy Beckman,
drjudy.beckman@cfu.net

Dr. Judy Beckman Ms. Mary Dove
Co-chair AAUW Discover Diversity Discuss

Promoting Global Awareness



This community action project continues with the third topic - NATO, in the 2013 **Great Decisions** program. We will meet at the Cedar Falls Public Library, Tuesday evening, March 19 from 7 - 8:30 pm. After watching a 30 minute DVD on this topic, we will discuss NATO's future. It experienced a surge in popularity following a successful campaign in Libya. But after 12 years in Afghanistan, can it continue to ensure stability in the 21st century? Last month we were a group of 14 around the table. Come and bring a friend.

Gloria Tollefson, Chair
gtollefson@cfu.net 266-4075

Public Policy Legislative Forums - March

Saturday, March 9th 10 am - 12 pm
Voting bills before the Iowa Congress.

Friday, March 22nd 4:30 pm - 6:30 pm
Tax reform bills pending.

All forums are held at AEA 267. Plan to attend, and voice your opinion on local needs and bills being discussed in the Iowa Congress.

Joan Kurt Public Policy/Voter Education
319-255-5890 jkurt@cfu.net

AAUW Action Network

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*What are you doing to  
make things happen?*



## AAUW Burma-Iowa Friends English Language Learner Project

Co-chairs: Jane Close and Jeri Thornsberry,  
[closej@q.com](mailto:closej@q.com) 983-2016

## Build a Library



<https://donate.peacecorps.gov/>  
Co-chairs: Mary Dove, [elybound1982@aol.com](mailto:elybound1982@aol.com);  
Dr. Judy Beckman, [drjudy.beckman@cfu.net](mailto:drjudy.beckman@cfu.net)

## International Studies Interest Groups

Our AAUW interest group will meet at the First Presbyterian Church, Cedar Falls, on Monday afternoon, March 18, at 1:15 pm. Dargy Baxter will lead the discussion on NATO and the United States in the 21st century. Liz Poole will hostess. Please join us.

*For more information:  
Ellie Tompkins at 231-4737*

## International Friendship Program



## Celebrations and Concerns

If you have some great news to share about some of our members, or some information about someone's recent illness or injury, please contact Ardelle Brown and the appropriate news will be shared via an email to all members.



## Bridge For Education

*Third Wednesday group ~*  
March 20 Patti Hucka 266 - 3826

*Fourth Tuesday group ~*  
March 26 Patti Hucka 266 - 3826

*Dargy Baxter Facilitator  
mmbaxter76@hotmail.com*



**Cedar Falls AAUW Newsletter**  
Sheryl Bewyer, editor  
266-6614 sbewyer@cfu.net

## Interest and Study Groups Opportunities to Participate

**Iowa Radio Reading  
Information Service**

**Literature  
Interest Group**

## Afternoon Book Club

The afternoon book club will meet at the New Aldaya home on Monday, March 11, at 1:15. Hostesses are Marion Svendsen and Orea Yahnke. Melba Widmer will present a book of her choice.

*Call Jean Kelly for information: 290-7009*

## BOOKS FOR INCARCERATED WOMEN PROJECT

Books are again being collected for Incarcerated Women. They must be in good shape and have appropriate topics and themes. You should bring them to the March meeting. Dee Lynch



**RECYCLE**



## Women in Motion

*Darline Balm-Demmel,  
Linda Morgan & Jamie Castle*  
For more information contact  
Darline at [dargar@cfu.net](mailto:dargar@cfu.net).

## Raising Funds for AAUW another reminder ...

### May 2013 Annual Garage Sale

Cleaning closets? Don't toss the good things. Save them for our annual sale! ((another form of recycling and contributing to a great organization ))

*Bonnie Smith & Jean Kelly, Vice Presidents Fundraising*

## Tuesdays at Ten, & Wednesday, as well!

Check with Jane Close and Ardelle Brown each week to see if the gatherings will be happening that week.

*Jane Close and Ardelle Brown*